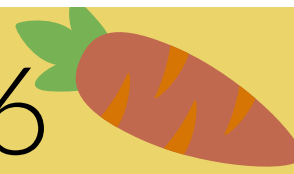




SEPTEMBER 26



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
 V=Vegetarian Option
 *= May Contain Eggs
Underline=May Contain Dairy
 ^= May Contain Wheat

SEPTEMBER 1-4

SEPTEMBER 7-11

SEPTEMBER 14-18

SEPTEMBER 21-25

SEPTEMBER 28-30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>^Cinnamon Toast</u> ^^Chili Lime Chicken Tacos w/Mango Salsa, Fiesta Rice, and Fruit Selection (V= ^Chili Lime Black Bean Tacos) Roasted Corn Salsa w/^^Pita Chips	<u>Maple Baked Oatmeal</u> *^Four Cheese Ravioli w/Marinara Sauce, Broccoli, ^Warm Garlic Bread, and Fruit Selection Sunbutter w/^^Crackers	<u>Cheese Grits</u> ^^Spaghetti w/Chicken Marinara, Green Peas, and Mixed Berry Applesauce (V= ^^Spaghetti w/Veggie Meatballs) Watermelon Salad	^^Veggie Quiche ^^Vegetable Wild Rice Casserole w/Garlic Green Beans and Fruit Selection Fresh Fruit w/Cheese
	<u>^Banana Maple Parfait</u> Lemon Herb Baked Chicken w/Mashed Potatoes, Vegetable Medley, ^^Warm Tortillas and Fruit Selection (V= ^^Veggie Meatballs) ^Graham Crackers and Applesauce	<u>Green Smoothie</u> ^^Spinach and Kale Pesto Pasta w/Sweet Carrots, and Fruit Selection Selection Apples w/Yogurt Dip	^Scrambled Eggs ^^Chicken Enchiladas w/Green Beans and Fruit Selection (V= ^^Black Bean Enchiladas) Fresh Guacamole w/^^Pita Chips	<u>Housemade Hash w/Peppers and Onions</u> ^Grilled Cheese Sandwiches w/Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection <u>Cheese w/^^Crackers</u>
^Multigrain Cheerios w/Fresh Fruit <u>White Bean Chili</u> w/Steamed Brown Rice, Garlic Green Beans, and Fruit Selection Roasted Corn Salsa w/^^Pita Chips	^^Spinach+Cheese Frittata Tikka Masala Chicken w/Caribbean Rice and Beans, Carrots, and Fruit Selection (V= Chickpea Tikka Masala) Fresh Fruit Selection	<u>Strawberries and Cream Oatmeal</u> Ratatouille w/Steamed Brown Rice, ^^Warm Rolls, and Fruit Selection ^Graham Crackers w/Bananas	^^Banana Bread ^Chicken Tacos w/Black Beans, Brown Rice, Sweet Corn, Peppers, and Fruit Selection. (V= ^^Black Bean Tacos) Sunflower Butter w/^^Crackers	^^Blueberry Crunch Bake ^^Veggie Nuggets w/Mixed Vegetables, and Fruit Selection Fresh Fruit w/Cheese
^Avocado Toast ^^Spinach and Kale Pesto Pasta w/Sweet Carrots, ^Warm Garlic Rolls and Fruit Selection Fresh Fruit Selection	<u>Cheese Grits</u> Hawaiian Chicken w/Brown Rice, Green Peas and Carrots and Fruit Selection (V= ^Hawaiian Veggie Meatballs) Fresh Bananas w/^^Graham Crackers	^Mini Bagels with Cream Cheese ^Alfredo Pasta w/Broccoli, ^Warm Garlic Bread, and Fruit Selection ^^Homemade Berry Bread	^Scrambled Eggs w/Salsa ^Barbecue Chicken w/Baked Beans, ^Pasta Salad and Fruit Selection (V= ^Meatless Barbecue Chicken) Spiced Peaches	^Cereal w/Fresh Fruits ^^Cheese Pizza w/Maple Glazed Brussels Sprouts and Fruit Selection ^^Pita Chips w/Hummus
^^Apple Crunch Bake ^^Pasta Primavera w/Broccoli and ^Warm Garlic Rolls and Fresh Fruit Selection Fresh Bananas w/^^Graham Crackers	Housemade Hash w/Peppers and Onions ^Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Berry Applesauce (V= ^Teriyaki Glazed Veggie Meatballs) Watermelon Salad w/Mint and Lime	<u>Orange-Peach Smoothie</u> ^Vegetable Fried Rice w/^^Baked Egg Rolls, ^Stir Fry Vegetables, and Fresh Fruit Selection ^Celebration Chocolate-Zucchini Bread		

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)