

JULY '26

THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

Whole grain or approved crackers, including Goldfish, Graham Crackers, Cheez-Its and Ritz, may be offered periodically

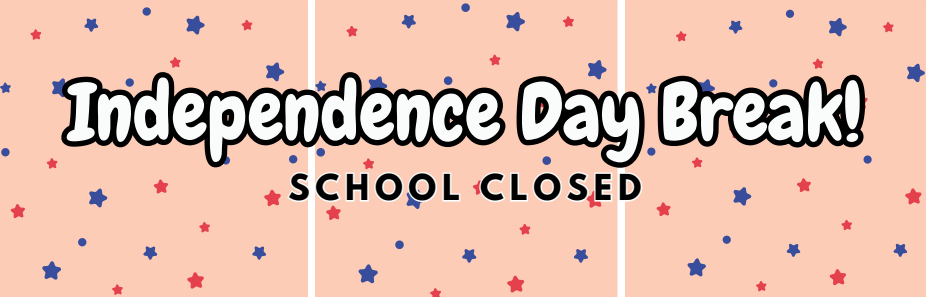
MENU CODING:

V=Vegetarian Option

*= May Contain Eggs

Underline=May Contain Dairy

^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 1-3					
JULY 6-10	^ <u>Cheerios</u> w/Fresh Fruit <u>Chickpea Curry</u> w/Caribbean Rice and Beans, Green Beans, and Fruit Selection ^Club Crackers w/ <u>Cheese</u>	<u>Cheese Grits</u> Rotisserie Style Chicken w/ <u>Gravy</u> , Potatoes, Peas and Carrots, and Fruit Selection (V=^ <u>Veggie Patty</u>) Guacamole w/^ <u>Pita Chips</u>	<u>Brown Sugar Oatmeal</u> ^Vegetable Fried Rice w/^ <u>Baked Egg Rolls</u> , and Fresh Fruit Selection <u>Yogurt</u> and Strawberries	^ <u>Warm Biscuits</u> w/Jam ^ <u>Chicken Spaghetti</u> w/Broccoli, ^ <u>Warm Pita Bread</u> , and Fruit Selection Bananas w/^ <u>Graham Crackers</u>	Housemade Hash w/Peppers and Onions ^ <u>Broccoli and Cheese Casserole</u> w/Corn, Fresh Fruit Selection Fresh Fruit
JULY 13-17	^ <u>Veggie Quiche</u> ^ <u>Grilled Cheese Sandwiches</u> w/Green Peas, ^ <u>Pasta Salad</u> and Fresh Fruit Selection ^ <u>Homemade Berry Bread</u>	^ <u>Banana Bread</u> Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^ <u>Warm Tortillas</u> (V=^ <u>Veggie Patty</u>) Fresh Fruit	*Scrambled Eggs w/ <u>Cheese</u> Texas Style Baked Beans w/Brown Rice, Sweet Carrots, ^ <u>Warm Rolls</u> , and Fruit Spiced Peaches w/ <u>Yogurt</u>	^ <u>Cinnamon Toast</u> ^Orange Chicken w/Brown Rice, ^ <u>Stir Fry Vegetables</u> , and Fruit Selection (V=^ <u>Veggie Patties</u> in Orange "Chicken" sauce) Sunflower Butter w/^ <u>Crackers</u>	Fruit w/ <u>Yogurt</u> ^ <u>Black Bean Quesadilla</u> w/Fiesta Rice, Roasted Corn, and Fresh Fruit Selection ^ <u>Key Lime Cake</u>
JULY 20-24	^ <u>Warm Biscuits</u> w/Jam ^ <u>Four Cheese Ravioli</u> w/Marinara Sauce, Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection ^ <u>Pita Chips</u> w/Hummus	^ <u>Blueberry Crunch Bake</u> ^Ground Chicken Taco w/Saffron Rice, Sweet Corn w/Peppers, Fruit Selection (V=^Tofu Crumble Taco) Fresh Fruit	<u>Cheese Grits</u> <u>Chickpea Tikka Masala</u> w/Caribbean Rice and Beans, Carrots, and Fruit Selection <u>Spinach Dip</u> w/^ <u>Crackers</u>	^Sunflower Butter Toast w/Fresh Bananas ^ <u>Chicken Nuggets</u> w/Peas and Carrots, ^ <u>Warm Pita Bread</u> , and Fruit Selection (V=^ <u>Veggie Nuggets</u>) Fresh Bananas w/^ <u>Graham Crackers</u>	*Scrambled Eggs w/Salsa ^ <u>Veggie Pot Pie</u> w/Mixed Veggies, and Baked Apples ^ <u>Housemade Trail Mix</u>
JULY 27-31	^ <u>French Toast Casserole</u> Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection Guacamole w/^ <u>Pita Chips</u>	^ <u>Cereal Sundae</u> (^ <u>Cheerios</u> , <u>Yogurt</u> , Fruit) ^BBQ Chicken w/Broccoli, ^ <u>Warm Pita Bread</u> , and Fruit Selection (V=^ <u>BBQ Veggie Nuggets</u>) Watermelon Salad w/Mint and Lime	^ <u>Spinach & Cheese Frittata</u> ^ <u>Veggie Lasagna</u> w/Maple Glazed Brussels Sprouts and Fresh Fruit Selection Fresh Bananas w/^ <u>Graham Crackers</u>	Grits w/ <u>Butter</u> ^Lemon-Herb Baked Chicken w/Brown Rice, Broccoli, ^ <u>Warm Tortillas</u> , and Fresh Fruit (V=^ <u>Lemon-Herb Style Veggie Pattie</u>) Celebration Melon salad	

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)

Fresh Fruit is often used as a substitute snack for those with allergies