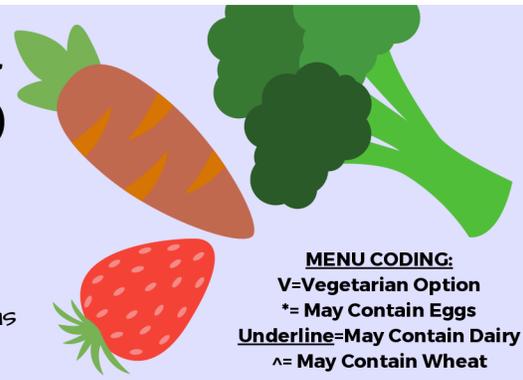


JANUARY '25



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JANUARY 1 - 2



WINTER BREAK!

SCHOOL CLOSED!



JANUARY 5 - 9

Cheese Grits

^Barbecue Veggie Patties w/Garlic Green Beans, ^Warm Rolls, & Fruit Selection

^Trail Mix w/Yogurt

^Avocado Toast

^Spinach-Artichoke Pasta w/Maple Glazed Carrots, and Fruit Selection

Fresh Guacamole w/^Pita

Yogurt w/Fruit

^^Veggie Nuggets, w/Mango Salsa, Fiesta Rice, Sweet Corn, & Fruit Selection

Roasted Corn Salsa w/^Pita Chips

^Cheese Toast

^Veggie Taco Spaghetti Pie w/Sweet Corn and Fruit Selection

Fruit Selection

^Warm Biscuits w/Jam

^Tortilla Soup w/Green Beans, & Fruit Selection

^Homemade Berry Bread

JANUARY 12 - 16

Blueberries and Cream Oatmeal

^Veggie Alfredo Pasta w/Broccoli, & Fruit Selection

Hummus w/^Crackers

^^Veggie Quiche

Louisiana Style Red Beans w/Brown Rice, Vegetable Medley, ^Housemade Cornbread and Fruit Selection

Applesauce-Yogurt Swirl

^Warm Biscuits w/Jam

^^Veggie Nuggets w/Gravy, Rosemary Potatoes, Green Beans, & Fruit Selection

^^Pita Chips w/Housemade Spinach Dip

Housemade Hash w/Peppers and Onions

^Macaroni and Three Cheese Pasta w/Maple Glazed Brussels Sprouts, Mixed Berry Applesauce

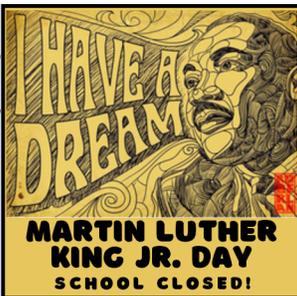
^Housemade Trail Mix

Yogurt w/Fresh Fruit

^Orange Chicken w/Brown Rice, ^Stir Fry Vegetables, and Fruit Selection (V= ^Tofu Orange "Chicken")

Fruit Selection

JANUARY 19 - 23



Strawberry Mango Smoothie

^Vegetable Fried Rice w/^Baked Egg Rolls, ^Stir Fry Vegetables, Fruit Selection

Baked Spiced Apples w/Yogurt

^Banana Maple Parfait

^Turkey Meatloaf w/Mashed Potatoes, Vegetable Medley, ^Warm Rolls, & Fruit Selection (V=^Veggie Patty)

Cheese w/^Crackers

Grits w/Butter

^Grilled Cheese Sandwiches w/Green Peas, Sweet Potato Fries, and Fresh Fruit Selection

Black Bean Hummus w/^Pita Chips

Blueberries and Cream Oatmeal

^^Turkey + Wild Rice Casserole w/Sweet Carrots, ^Warm Rolls, and Fruit Selection (V= ^Veggie Casserole)

^Banana Bread

JANUARY 26 - 30

^Cinnamon Toast

^Chicken Tetrazzini w/Spinach and Parmesan, Carrots, & Fruit Selection (V=^Veggie Tetrazzini)

^Housemade Trail Mix

Housemade Hash w/Peppers and Onions

Texas Style Baked Beans w/Brown Rice, Sweet Corn, and Fruit selection

^Housemade Trail Mix

^Cheerios w/Fresh Fruit

^BBQ Chicken w/Vegetable Medley, ^Warm Rolls, & Fruit Selection (V= ^Tofu BBQ "Chicken")

^Celebration Key Lime Cake

Pumpkin Spice Oatmeal

^Fish Sticks w/Housemade Tartar Sauce, Yellow Rice, Broccoli, and Fruit Selection

Sunflower Butter w/^Crackers

^Sunflower Butter Toast w/Fresh Bananas

Turkey Chili w/Sweet Corn, ^Housemade Cornbread and Fruit Selection (V= Veggie Chili)

Fresh Bananas w/ ^Graham

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)