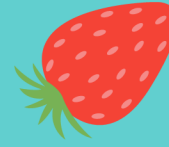
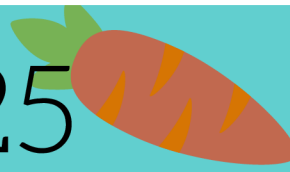




SEPTEMBER '25



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPTEMBER 1-5		<u>Maple Baked Oatmeal</u> * <u>Four Cheese Ravioli</u> w/Marinara Sauce, Broccoli, * <u>Warm Garlic Bread</u> , and Fruit Selection Sunbutter w/^Crackers	* <u>Veggie Quiche</u> ^ <u>Chicken & Wild Rice Casserole</u> W/Garlic Green Beans and Fruit Selection (V= ^ <u>Veggie Casserole</u>) Fresh Fruit w/ <u>Cheese</u>	<u>Cinnamon Toast</u> ^ <u>Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, and Fruit Selection (V= ^ <u>Meatless Taco</u>) Roasted Corn Salsa w/^ <u>Pita Chips</u>	* <u>Spinach-Cheese Frittata</u> ^ <u>Turkey Stroganoff</u> w/^ <u>Egg Noodles</u> , Green Peas, and Mixed Berry Applesauce (V= ^ <u>Vegetable Stroganoff</u>) Watermelon Salad
SEPTEMBER 8-12	^ <u>Warm Biscuits</u> w/Jam Homestyle Chicken w/^ <u>Gravy</u> , Rosemary Potatoes, Green Beans, and Fruit Selection (V= ^ <u>Veggie Patty</u>) Applesauce w/ <u>Yogurt</u>	^Sunbutter Toast w/Bananas ^ <u>Broccoli & Cheese Casserole</u> w/Carrots and Fruit Selection HousemadeTrail Mix	<u>Green Smoothie</u> ^Orange Chicken w/Brown Rice, ^ <u>Stir Fry Vegetables</u> , and Fruit Selection (V= ^ <u>Meatless Orange Tofu</u>) ^Graham Crackers w/ <u>Cream Cheese Dip</u>	Housemade Hash w/Peppers and Onions ^ <u>Spinach and Kale Pesto Pasta</u> w/Sweet Carrots, and Fruit Selection Selection Apples w/ <u>Yogurt Dip</u>	*Scrambled Eggs ^ <u>Turkey Tortilla Casserole</u> w/Green Beans and Fruit Selection (V= ^ <u>Vegetable Tortilla Casserole</u>) Fresh Guacamole w/^ <u>Pita Chips</u>
SEPTEMBER 15 - 19	^ <u>Blueberry Crunch Bake</u> ^Barbecue Chicken w/Broccoli, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^ <u>Meatless Barbecue Chicken</u>) Bananas w/^Graham	<u>Yogurt</u> w/Fresh Fruit Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection ^ <u>Warm Pretzels</u> w/ <u>Cheddar Sauce</u>	^ <u>Cheese Toast</u> <u>Curry Chicken</u> w/Caribbean Rice and Beans, Sweet Corn and Fruit Selection (V= <u>Meatless Curry</u>) Fresh Fruit	Grits w/ <u>Butter</u> ^ <u>Macaroni & Three Cheese Pasta</u> w/Maple Glazed Brussel Sprouts and Mixed Berry Applesauce ^Housemade Trail Mix	^ <u>Banana Maple Parfait</u> ^ <u>Turkey Marinara Meatballs</u> w/Mashed Potatoes, Vegetable Medley, ^ <u>Warm Rolls</u> and Fruit Selection (V= ^ <u>Veggie Patty</u>) <u>Cheese</u> w/^Crackers
SEPTEMBER 22 - 26	<u>Yogurt</u> w/Fresh Fruit Lemon-Herb Baked Chicken w/Brown Rice, Broccoli, and Fruit Selection (V= ^ <u>Veggie Patty</u>) Fresh Fruit w/^Cheese	^ <u>Baked Cinnamon Apple Crumble</u> Rotisserie Style Chicken w/Cauliflower Mash, Peas and Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^ <u>Veggie Patty</u>) <u>Yogurt</u> w/Bananas	^Multigrain Cheerios w/Fresh Fruit ^ <u>Grilled Cheese Sandwiches</u> w/Green Peas, Sweet Potato Fries, and Fresh Fruit Selection Fresh Fruit	<u>Cheese Grits</u> * <u>Chicken Nuggets</u> w/Vegetable Medley, ^ <u>Sweet Rolls</u> , and Fruit Selection (V= ^ <u>Veggie Nuggets</u>) ^ <u>Celebration Apple Cake</u>	<u>Peaches + Cream Oatmeal</u> ^ <u>Veggie Fried Rice</u> w/^ <u>Baked Egg Rolls</u> , ^ <u>Stir Fry Vegetables</u> , and Fresh Fruit Selection ^Graham Crackers w/Applesauce
SEPTEMBER 29 - 30	^Avocado Toast ^ <u>Orange Chicken</u> w/Brown Rice, ^ <u>Stir Fry Vegetables</u> , and Fruit Selection (V= ^ <u>Orange Tofu "Chicken"</u>) Fresh Fruit	<u>Yogurt</u> w/Fresh Fruit ^ <u>Roasted Vegetable Pasta</u> w/Marinara, Sweet Carrots, ^ <u>Warm Garlic Bread</u> , and Fruit Selection Mixed Fresh Melons			

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)