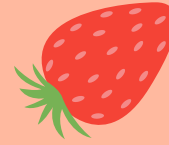
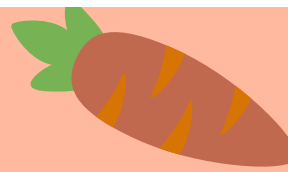


JULY



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 1-4		<u>^Cheese Toast</u> ^ <u>Pasta Primavera</u> w/ Sweet Peas and ^ <u>Warm Rolls</u> and Fresh Fruit Selection ^ <u>Broccoli and Cheese Bites</u>	<div>Independence Day Break!</div> <div>SCHOOL CLOSED</div>		
JULY 7-11	<u>Blueberry-Pineapple Smoothies</u> <u>Chicken Tikka Masala</u> w/ Vegetable Medley, ^ <u>Warm Rolls</u> , and Fruit Selection (V= <u>Vegetable Marsala</u>) Fresh Fruit Selection	*Scrambled Eggs w/ <u>Cheese</u> ^ <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots and Fresh Fruit ^Graham Cracker w/ <u>Cream Cheese Dip</u>	<u>Fresh Fruit Yogurt</u> *^ <u>Turkey Stroganoff</u> w/ ^ <u>Egg Noodles</u> , Broccoli, and Fruit Selection (V= ^ <u>Vegetable Stroganoff</u>) Fresh Fruit w/ <u>Cheese</u>	<u>Cinnamon-Raisin Oatmeal</u> ^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato, and Fresh Fruit Selection Fresh Fruit Selection	<u>Cheese Grits</u> ^ <u>Chicken Nuggets</u> w/ Broccoli, ^ <u>Warm Rolls</u> and Fruit Selection (V= ^ <u>Veggie Nuggets</u>) Applesauce w/ <u>Yogurt</u>
JULY 14-18	^ <u>Veggie Quiche</u> ^^ <u>Fish Sticks</u> w/ <u>Housemade Tarter Sauce</u> , Vegetable Medley, Yellow Rice and Fresh Fruit Selection (V= ^ <u>Veggie Patty</u>) <u>Cheese</u> w/ ^ <u>Crackers</u>	Fresh Fruit w/ <u>Yogurt</u> ^ <u>Macaroni and Three Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts, and Fruit Selection Sunflower Butter w/ ^ <u>Crackers</u>	^ <u>Cheerios</u> w/ <u>Milk</u> ^Ground Turkey Sloppy Joes on ^ <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V= ^ <u>Tofu Crumble Sloppy Joes</u>) ^^ <u>Pita Chips</u> w/ <u>Spinach Dip</u>	Breakfast Hash w/ Peppers and Onions ^ <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots and Fresh Fruit ^Graham Crackers w/ <u>Cream Cheese Dip</u>	^ <u>French Toast Casserole</u> ^Chicken Fajitas w/ Peppers and Fiesta Rice, Sweet Corn, ^ <u>Warm Tortillas</u> , and Fruit Selection (V= ^ <u>Meatless Fajitas</u>) ^Housemade Trail Mix
JULY 21-25	<u>Strawberry-Mango Smoothies</u> ^^ <u>Turkey and Wild Rice Casserole</u> , Green Peas, and Fruit Selection (V= ^ <u>Tofu and Wild Rice Casserole</u>) Applesauce w/ <u>Yogurt</u>	^ <u>Avocado Toast</u> ^Vegetable Fried Rice w/ ^ <u>Baked Eggrolls</u> , ^ <u>Stir Fry Vegetables</u> , and Fruit Selection Guacamole w/ ^ <u>Pita Chips</u>	<u>Strawberry and Cream Oatmeal</u> ^ <u>Chicken Tetrizzini</u> w/ <u>Parmesan Spinach</u> , Sweet Carrots, and Fruit Selection (V= ^ <u>Vegetable Tetrizzini</u>) <u>Cheese</u> w/ ^ <u>Crackers</u>	^ <u>Warm Biscuits</u> w/ Jam Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, ^ <u>Warm Rolls</u> , and Fruit ^^Homemade Berry Bread	^Sunflower Butter Toast w/ Fresh Bananas ^^ <u>Chicken and Black Bean Tortilla Casserole</u> , Fiesta Rice, Roast Corn, and Fresh Fruit Selection (V= ^ <u>Cheese Quesadilla</u>) Spiced Peaches w/ <u>Yogurt</u>
JULY 28-31	^ <u>Cheese Toast</u> ^Ground Turkey Taco w/ <u>Cheese</u> , Sweet Corn with Peppers, Fruit Selection Fresh Fruit Selection	*Scrambled Eggs w/ <u>Cheese</u> Spanish Style Black Beans w/ Yellow Rice, Plantains, Green Beans, and Fruit Selection Sunflower Butter w/ ^ <u>Crackers</u>	Fresh Fruit w/ <u>Yogurt</u> Lemon Herb Chicken w/ Brown Rice, Broccoli, ^ <u>Warm Rolls</u> , and Fresh Fruit (V= ^ <u>Veggie Patty</u>) *^ <u>Celebration Snack</u>	Grits w/ <u>Butter</u> ^ <u>Four Cheese Ravioli</u> w/ Marinara, Roasted Corn, ^ <u>Garlic Knots</u> , and Fruit Selection Melon salad	

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)