



## THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

**MENU CODING:**  
V=Vegetarian Option  
\*= May Contain Eggs  
Underline=May Contain Dairy  
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 2 - 6	<u>Cheese Grits</u>  ^Peach Glazed Chicken, GreenPeas, ^ <u>Warm Pita Bread</u> , and Fruit Selection (V= ^Peach Glazed Tofu)  Guacamole w/^Crackers	^^ <u>Strawberry Crunch Bake</u>  ^Vegetable Fried Rice w/^Baked Egg Rolls, ^Stir Fry Vegetables, and Fruit Selection  ^Graham Crackers w/ <u>Housemade Cream Cheese</u>	^Sunflower Butter Toast w/Fresh Bananas  Rotisserie Style Chicken w/Cauliflower Mash, Peas, Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^ <u>Rotisserie Style Veggie Patty</u> )  Apple Slices w/ <u>Yogurt Dip</u>	^Cereal w/Fresh Fruits  ^ <u>Veggie Lasagna</u> w/Garlic Green Beans and Fruit Selection  Black Bean Hummus w/^ <u>Pita Chips</u>	<u>Blueberry-Pineapple Smoothie</u>  ^ <u>Chicken Quesadilla</u> w/Black Beans, Fiesta Rice, Roasted Corn, and Fresh Fruit Selection (V= ^ <u>Cheese Quesadilla</u> )  ^House made Trail Mix
JUNE 9 - 13	Housemade Hash w/Peppers and Onions  ^BBQ Chicken w/Broccoli, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^BBQ Veggie nuggets)  Baked Spiced Peaches w/ <u>Yogurt</u>	<u>Peaches and Cream Oatmeal</u>  ^ <u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussels Sprouts and Mixed Berry Applesauce  Fresh Fruit Selection	^Cheerios w/Fresh Fruit  ^Ground Chicken Taco w/Saffron Rice, Sweet Corn w/Peppers, Fruit Selection (V= ^Tofu Crumble Taco)  ^ <u>Pita Chips</u> w/ <u>Housemade Spinach Dip</u>	^ <u>Warm Biscuits</u> w/Jam  Texas Style Baked Beans w/Brown Rice, Sweet Carrots, and Fruit Selection  ^ <u>Homemade Berry Bread</u>	^^ <u>Spinach &amp; Cheese Frittata</u>  ^BBQ Chicken Meatballs w/Vegetable Medley, ^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V= ^ <u>BBQ Veggie Patty</u> )  <u>Cheese</u> w/^Crackers
JUNE 16 - 20	<u>Pineapple-Banana Smoothie</u>  ^ <u>Fish Sticks</u> w/^ <u>Housemade Tartar Sauce</u> , Yellow Rice, Broccoli, and Fresh Fruit Selection (V= ^ <u>Veggie Nuggets</u> )  Baked Spiced Apples w/ <u>Yogurt</u>	*Scrambled Eggs w/Salsa  ^^ <u>Spinach-Artichoke Pasta</u> w/Maple Glazed Carrots, ^ <u>Warm Pita Bread</u> , and Fruit Selection  Sunflower Butter w/^Crackers	^Breakfast Trail Mix w/ <u>Yogurt</u>  ^Hawaiian Chicken w/Brown Rice, Broccoli, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^ <u>Hawaiian Veggie Nuggets</u> )  Apple Slices w/ <u>Yogurt Dip</u>	 SCHOOL CLOSED!	^ <u>Cream Cheese on Toast</u> w/Fresh Fruit  ^Teriyaki Chicken w/Brown Rice, ^Stir Fry Vegetables, and Mixed Berry Applesauce (V= ^Teriyaki Tofu)  Fresh Fruit w/ <u>Cheese</u>
JUNE 23 - 27	^ <u>Three Cheese Frittata</u>  Chicken Chili w/Sweet Corn, ^ <u>Housemade Hawaiian rolls</u> and Fruit Selection (V= Vegetable Chili)  Guacamole w/^ <u>Pita Chips</u>	^Avocado Toast  ^Roasted Vegetable Pasta w/ Marinara, Sweet Carrots, ^ <u>Warm Garlic Bread</u> , and Fruit Selection  Baked Spiced Peaches w/ <u>Yogurt</u>	<u>Blueberry-Pineapple Smoothie</u>  Lemon-Herb Baked Chicken w/Roasted Potatoes, Broccoli, and Fresh Fruit Selection (V= ^ <u>Lemon-Herb Veggie Patty</u> )  ^ <u>Homemade Celebration Snack</u>	<u>Cheese Grits</u>  Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection  ^Hummus on Toast w/Fresh Cucumbers	^ <u>French Toast Casserole</u>  ^ <u>Chicken Nuggets</u> w/Peas and Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^ <u>Veggie Nuggets</u> )  Sunflower Butter w/^Crackers
JUNE 30	^Breakfast Trail Mix w/ <u>Yogurt</u>  ^ <u>Four Cheese Ravioli</u> w/Marinara Sauce, Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection  Fresh Fruit Selection				

### ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

### FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)