





## THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.



MENU CODING:
V=Vegetarian Option
\*= May Contain Eggs
Underline=May Contain Dairy

(	are subject to char	nge.		^= May Contain Wheat	
(	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		^* <u>Warm Biscuits</u> w/Jam	'Scrambled Eggs w/cheese	<u>Grits with butter</u>	Cheerio Fruit Parfait
APDII 1 - 4		^* <u>Four Cheese Ravioli</u> w/Marinara Sauce, Broccoli, ^* <u>Warm Garlic Bread</u> , and Fruit Selection	^Black Bean Tacos w/ <u>Cheddar Sprinkles</u> , Saffron Rice, Sweet Corn w/Peppers, and Fruit Selection	^*Roasted Vegetable Pasta w/Marinara, Sweet Carrots, ^* <u>Warm Garlic Bread</u> , and Fruit Selection	^Ground Chicken Sloppy Joes on ^* <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V= ^Tofu Crumble Sloppy Joe)
		Berry Yogurt Swirl	Fresh Guacamole w/^Crackers	<u>Cream Cheese Dip</u> w/^Graham Crackers	Housemade Trail Mix
ADDII 7 - 11	"A Grilled Cheese Sandwiches  w/Green Peas, Crisp Sweet	Orange-Mango Smoothie  ^*Taco Spaghetti w/Sweet Corn and Fruit Selection (V= ^*Veggie Spaghetti Pie)	SPRING BREAK	SPRING BREAK	SPRING BREAK
	^Oatmeal Raisin Bars	Spinach Dip w/^Crackers	SCHOOL CLOSED!	SCHOOL CLOSED!	SCHOOL CLOSED!
APRIL 14 - 18	Blueberries and Cream Oatmeal	*Three Cheese Frittata	<u>Cheese Grit</u>	Housemade Hash w/Peppers and Onions	^* <u>Whole Grain Pancakes</u> w/Strawberry
	^*Broccoli and Cheese Casserole w/Maple Glazed	White Bean Chili w/Steamed Rice, Garlic Green Beans, and Fruit Selection	^* <u>Spinach-Artichoke Pasta</u> w/Maple Glazed Carrots, ^* <u>Warm Pita Bread</u> , and Fruit Selection	Louisiana Style Red Beans w/Brown Rice, Vegetable Medley, ^* <u>Homemade</u> <u>Cornbread</u> and Fruit Selection	^Hawaiian Chicken w/Brown Rice, Green Peas and Carrots, ^*Warm Rolls, and Fruit Selection (V= ^Tofu Hawaiian "Chicken")
	^Graham Crackers and Applesauce	Sunflower Butter w/^Crackers	Sliced Apples and <u>Yogurt</u>	Fresh Fruit Selection	^Housemade Trail Mix
APRII 21 - 25	Housemade Hash w/Peppers and Onions	<u>Pineapple-Banana Smoothie</u>	^ <u>Cinnamon Toast</u>	Cheese Grits	^* <u>Apple Cinnamon</u> <u>Crunch Bake</u>
	^'Vegetable Alfredo Pasta w/Broccoli, ^'Warm Garlic	<u>Chickpea Curry</u> w/Steamed Rice, ^* <u>Homemade</u> <u>Cornbread</u> , and Fruit Selection	^Homestyle Chicken w/^ <u>Gravy</u> , Rosemary Potatoes, Green Beans, and Fruit Selection (V= ^* <u>Vegetable Patty</u> )	^* <u>Vegetable and Wild Rice</u> <u>Casserole</u> w/Peas and Carrots and Fruit Selection	^Grilled Cheese Sandwiches w/Sweet Corn, Crisp Sweet Potato Fries, and Fresh Fruit Selection
	Fresh Guacamole w/^* <u>Pita Chips</u>	^*Warm Soft Pretzels w/ <u>Cheddar Sauce</u>	Cheese w/^Crackers	Fresh Bananas w/^Graham Crackers	Fresh Fruit Selection
	^Avocado Toast	Banana Maple Parfait	^*Blueberry Crunch Bake		
APPIL 28 - 20	w/Broccoli, ^*Warm Rolls, and Fruit Selection	^*Macaroni and Three Cheese Pasta w/Maple Glazed Brussels Sprouts and Mixed Berry Applesauce	Curry Chicken w/Carribean Rice and Beans, Carrots, and Fruit Selection (V= <u>Mixed</u> <u>Vegetable Curry</u> )		
	Baked Spiced Apples	Roasted Corn Salsa			

^\*Pizza Party!

w/Yogurt

w/^\*Pita Chips