

MAY



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|--|--|--|--|--|
| MAY 1 - 5 | <u>Blueberry-Pineapple Smoothie</u> <u>Curry Chicken</u> w/ Carribean Rice and Beans, Carrots, and Fruit Selection (V= <u>Meatless Curry</u>) Sunflower Butter w/ ^Crackers | <u>Cheese Grits</u> Vegetable Fried Rice w/^Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection <u>Baked Spiced Peaches w/ Yogurt</u> | ^Multigrain Cheerios w/ Fresh Fruit ^^ <u>Spinach and Kale Pesto Pasta</u> w/Sweet Carrots, ^ <u>Warm Rolls</u> , Fruit Selection ^Club Crackers w/ <u>Housemade Spinach Dip</u> | Housemade Hash w/Peppers and Onions Barbecue Chicken w/Broccoli, ^ <u>Warm Rolls</u> , and Fruit Selection (V=Meatless Barbecue Chicken) <u>Cheese</u> w/ ^Crackers | ^Avocado Toast ^Ground Turkey Taco w/ <u>Cheddar Sprinkles</u> , Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V=^Tofu Crumble Taco) Fresh Guacamole w/ ^ <u>Pita Chips</u> |
| MAY 8 - 12 | * <u>Scrambled Eggs w/ Cheese and Salsa</u> ^ <u>Fish Sticks</u> w/ <u>Housemade Tartar Sauce</u> , Yellow Rice, Broccoli, and Fresh Fruit Selection (V=^^Veggie Nuggets) <u>Applesauce-Yogurt Swirl</u> | ^Cinnamon Toast Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^ <u>Warm Tortillas</u> (V= ^Veggie Patty) Fresh Fruit Selection | ^^ <u>Veggie Quiche</u> Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection ^Housemade Trail Mix | <u>Maple Pumpkin Spice Oatmeal</u> <u>Chicken Tikka Masala</u> w/Green Peas and Fresh Fruit Selection (V = <u>Veggie Tikka Masala</u>) ^Crackers w/ Hummus | ^^ <u>Warm Biscuits</u> w/ Jam ^ <u>Chicken Alfredo Pasta</u> w/ Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection (V=^Veggie Alfredo) Fresh Bananas w/^Graham Crackers |
| MAY 15 - 19 | <u>Yogurt w/ Fresh Fruit</u> ^ <u>Broccoli and Cheese Casserole</u> w/Corn, Fresh Fruit Selection ^ <u>Homemade Berry Bread</u> | ^^ <u>Spinach + Cheese Frittata</u> ^ <u>Taco Spaghetti Pie</u> w/Sweet Corn and Fruit Selection (V=^ <u>Veggie Spaghetti Pie</u>) <u>Baked Spiced Peaches w/ Yogurt</u> | ^ <u>Blueberry Crunch Bake</u> Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley and Fruit Selection Fresh Fruit Selection | <u>Pineapple-Banana Smoothie</u> Ground Turkey Sloppy Joes on ^ <u>Warm Rolls</u> , Green Beans, and Fresh Fruit (V=^Tofu Crumble Sloppy Joe) ^^ <u>Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u> | ^ <u>Cheese Toast</u> Homestyle Chicken w/ <u>Gravy</u> , Rosemary Potatoes, Green Beans, and Fruit Selection (V=^Veggie Patty) ^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u> |
| MAY 22 - 26 | <u>Cheese Grits</u> ^ <u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussel Sprouts and Mixed Berry Applesauce Fresh Bananas w/^Graham Crackers | ^^ <u>Warm Biscuits</u> w/ Jam ^ <u>Turkey Tortilla Casserole</u> w/Green Beans, and Fruit Selection (V=^^ <u>Meatless Tortilla Casserole</u>) ^^ <u>Pita Chips</u> w/ <u>Housemade Spinach Dip</u> | Housemade Hash w/ Peppers and Onions ^^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, ^^ <u>Warm Garlic Bread</u> , and Fruit Selection ^Housemade Trail Mix | <u>Blueberries and Cream Oatmeal</u> Hawaiian Chicken w/Brown Rice, Green Peas and Carrots and Fruit Selection (V=Meatless Hawaiian Chicken) Fresh Bananas w/^Graham Crackers | * <u>Scrambled Eggs</u> w/ <u>Cheese and Salsa</u> Lemon-Herb Baked Chicken w/Brown Rice, Broccoli, ^^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V=^Veggie Patty) Fresh Fruit Selection |
| MAY 29 - 31 | <h1>Summer Break!</h1> <h2>SCHOOL CLOSED</h2> | | | | |

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)