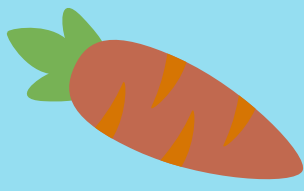


MARCH

THE SUZUKI SCHOOL MENU



MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 1-3			<u>Cheese Grits</u> ^ <u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, & Fresh Fruit Selection <u>Applesauce-Yogurt Swirl</u>	^Multigrain Cheerios w/ Fresh Fruit Apricot Glazed Chicken w/ Brown Rice, Green Peas, ^ <u>Warm Pita Bread</u> , and Fresh Fruit Selection (V= Apricot Glazed Tofu) Roasted Corn Salsa w/ ^Pita Chips	^ <u>Veggie Quiche</u> ^ <u>Chicken Nuggets</u> w/ Peas and Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^Veggie Nuggets) ^Housemade Trail Mix
MARCH 6-10	^ <u>Warm Biscuits</u> w/ Jam ^ <u>Cheesy Vegetable Chowder</u> w/ ^ <u>Warm Pita Bread</u> , Roasted Maple Brussels Sprouts and Fruit Selection Hummus and ^Crackers	^ <u>Maple Apple Baked Oatmeal</u> ^ <u>Taco Spaghetti Pie</u> w/ Vegetable Medley and Fruit Selection (V= ^Veggie Spaghetti Pie) ^Pita Chips w/ <u>Housemade Spinach Dip</u>	<u>Orange-Mango Smoothie</u> ^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Sweet corn, ^ <u>Warm Garlic Bread</u> , and Fruit Selection ^Housemade Trail Mix	^ <u>Spinach + Cheese Frittata</u> ^ <u>Turkey Meatloaf</u> w/ <u>Brown Gravy</u> , <u>Mashed Potatoes</u> , Vegetable Medley and Fresh Fruit Selection (V= ^Veggie Patty) ^ <u>Turkey and Cheese Wraps</u>	^Multigrain Cheerios w/ Fresh Fruit ^ <u>Chicken Tetrazzini</u> w/ <u>Parmesean Spinach</u> , Carrots, and Fruit Selection (V= ^ <u>Veg. Tetrazzini</u>) ^Monkey Munch Trail Mix w/ <u>Yogurt</u>
MARCH 13-17	^ <u>Blueberry Crunch Bake</u> ^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries and Fruit Selection ^ <u>Pumpkin Cheesecake Fluff</u> w/ Fresh Apple slices	^Sunflower Butter Toast w/ Fresh Bananas ^Ground Turkey Taco w/ <u>Cheddar Sprinkles</u> , Saffron Rice, Sweet Corn w/ Peppers, & Fruit Selection (V= ^Tofu Crumble Taco) Roasted Corn Salsa w/ ^Pita Chips	<u>Pumpkin Spice Oatmeal</u> Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, ^ <u>Housemade Cornbread</u> and Fruit Selection ^ <u>Banana + Zucchini Bread</u>	<u>Cheese Grits</u> ^ <u>Turkey and Wild Rice Casserole</u> w/ Sweet Carrots, and Fruit Selection (V= ^ <u>Tofu and Wild Rice Casserole</u>) Fruit Salsa w/ ^ <u>Cinnamon Pita Bread</u>	<u>Green Smoothie</u> ^ <u>Chicken Pot Pie</u> w/ Mixed Vegetables, Corn and Baked Apples (V= ^ <u>Veggie Pot Pie</u>) ^ <u>Spinach Wraps with Cream Cheese and Turkey</u>
MARCH 20-24	^ <u>Cinnamon Toast</u> ^ <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots, ^ <u>Warm Rolls</u> , Fruit Selection ^ <u>Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u>	<u>Strawberries and Cream Oatmeal</u> ^ <u>Fish Sticks</u> w/ <u>Housemade Tartar Sauce</u> , Yellow Rice, Broccoli, & Fresh Fruit (V= ^ <u>Veggie Nuggets</u>) <u>Housemade Oatmeal Raisin Bars</u>	Housemade Hash w/ Peppers and Onions ^ <u>Cheese Quesadilla on Spinach Tortilla</u> w/ Black Beans, Green Beans, and Fruit Selection Sunflower Butter w/ ^Crackers	<u>Yogurt</u> w/ Fresh Fruit ^ <u>Turkey Lasagna</u> , Garlic Green Peas, ^ <u>Garlic Knots</u> and Fresh Fruit Selection (V= ^ <u>Veggie Lasagna</u>) Fresh Bananas w/ ^Graham Crackers	^ <u>Cream Cheese Toast</u> w/ Fresh Fruit Curry Chicken w/ Caribbean Rice and Beans, Carrots, and Fruit Selection (V= Meatless Curry) ^Housemade Trail Mix
MARCH 27-31	^ <u>Scrambled Eggs</u> w/ Salsa ^ <u>Macaroni and Three Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts and Mixed Berry Applesauce ^Graham Crackers w/ Applesauce	^Multigrain Cheerios w/ Fresh Fruit Homestyle Chicken w/ <u>Gravy</u> , Rosemary Potatoes, Green Beans, and Fruit Selection (V= ^Veggie Patty) ^Pita Chips w/ Hummus	^ <u>Cheese Toast</u> ^Vegetable Fried Rice w/ ^Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection ^ <u>Key Lime Celebration Cake</u>	<u>Grits</u> w/ <u>Butter</u> ^ <u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, & Fresh Fruit Selection <u>Applesauce-Yogurt Swirl</u>	^ <u>Veggie Quiche</u> ^ <u>Chicken Nuggets</u> w/ Peas and Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^Veggie Nuggets) ^Housemade Trail Mix

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)