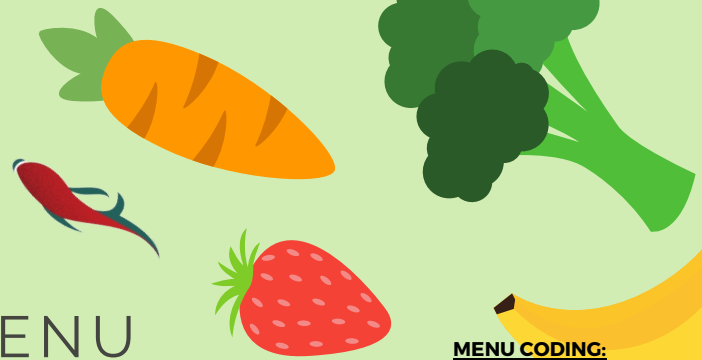




MAY



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy
^= May Contain Wheat

MAY 3-7

MONDAY

Blueberry-Pineapple Smoothies
^Broccoli & Cheese Casserole w/ Roasted Carrots and Fruit Selection
Spiced Apples w/ Yogurt

TUESDAY

Yogurt w/ Fresh Fruit
Teriyaki Chicken w/ Brown Rice, Broccoli, and Fruit Selection (V=^Veggie Patty)
Fresh Fruit w/ Cheese

WEDNESDAY

Grits w/ Butter
^Taco Spaghetti Pie w/ Sweet Corn and Fruit Selection (V=^Veggie Spaghetti Pie)
Housemade Spinach Dip w/ ^Pita Chips

THURSDAY

Peach Oatmeal
Chicken Tikka w/ Peas, Carrots, ^Warm Pita, and Fruit Selection (V= Veg. Tikka)
^Vegetable Pikelets

FRIDAY

*Scrambled Eggs w/ Salsa
Spanish Style Black Beans w/ Brown Rice, Plantains, Vegetable Medley, and Fruit Selection
Ants on a Log (Bananas, Sunbutter and Raisins)

MAY 10-14

*Avocado on ^WW Toast
^Macaroni and Three Cheese Pasta w/ Buttery Brussel Sprouts and Fresh Fruit Selection
Housemade Trail Mix

*Baked Blueberry Oatmeal
Chicken and Wild Rice Casserole w/ Yellow Squash, ^Warm Rolls, and Fruit Selection (V=Veg Wild Rice Casserole)
^Pita Chips w/ Hummus

Cheese Grits
^Turkey Meatloaf w/ Cauliflower Mash, Green Beans, ^Warm Rolls, and Fruit Selection (V=^Veggie Patty)
Yogurt w/ Strawberries

Strawberry-Mango Smoothie
^Grilled Cheese on WW w/ Green Peas, Sweet Potato Fries, and Fruit Selection
Sunbutter w/ ^Crackers

Fresh Fruit w/ Yogurt
^Chicken Nuggets w/ Yellow Rice, Green Beans and Fruit Selection (V=Veggie Nuggets)
Guacamole w/ ^Pita Chips

MAY 17-21

Breakfast Hash w/ Onions and Peppers
^Spinach and Kale Pesto Pasta w/ Roasted Carrots and Fresh Fruit Selection
^Broccoli and Cheese Bites

*^Whole Grain Pancakes w/ Fruit Selection
Curry Chicken w/ Brown Rice, Broccoli, and Fresh Fruit Selection (V=Meatless Curry)
Cheese w/ ^Crackers

Apple-Cinnamon Oatmeal
Texas Style Baked Beans w/ Brown Rice, Roasted Carrots, ^Warm Rolls, and Fruit Selection
Sliced Apples w/ Yogurt

*Three Cheese Frittata
Ground Turkey Sloppy Joes on ^Warm Rolls, Green Beans, and Fruit Selection (V=Meatless Sloppy Joes)
Fresh Fruit w/ Cheese

*^Strawberry Bread
Homestyle Chicken w/ Roasted Potatoes, Green Peas, and Fruit Selection (V=^Veggie Patty)
Fresh Fruit Selection

MAY 24-28

*^Warm Biscuits w/ Jam
^Four Cheese Ravioli w/ Marinara Sauce, Green Beans, ^Garlic Knots, and Fruit Selection
Housemade Trail Mix

*^Veggie Quiche
Hawaiian Chicken w/ Brown Rice, Stir Fried Vegetables, and Fruit Selection (V=Meatless Orange Chicken)
Spiced Peaches w/ Yogurt

Yogurt w/ Fruit Selection
Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, ^Housemade Cornbread, and Fruit Selection
^Celebration Apple Cake

*Scrambled Eggs w/ Cheese
^Ground Turkey Tacos w/ Cheddar Sprinkles, Saffron Rice, Roasted Corn and Fruit Selection
Guacamole w/ ^Pita Chips

^Cheese on WW Toast
Lemon-Herb Chicken w/ Brown Rice, Broccoli, and Fruit Selection (V=^Veggie Patty)
Sliced Apples w/ Sunbutter

MAY 31-JUNE 4

SCHOOL CLOSED FOR BREAK

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SCHOOL CLOSED FOR BREAK

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ORGANIC OFFERINGS:
Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS:
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)