

## THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products or other allergens, and menu items are subject to change.

<u>MENU CODING:</u> V=Vegetarian Option \*= May Contain Eggs <u>Underline</u>=May Contain Dairy ^= May Contain Wheat

change.					A= May Contain Wheat
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 1					<u>Cereal Sundaes</u> (^Cheerios, <u>Yogurt</u> , Fruit) <u>Turkey and Wild Rice</u> <u>Casserole</u> , Yellow Squash, and Fruit Selection (V= <u>Veg/Wild Rice Casserole</u> ) Ants on a Log (Bananas, Sunbutter, and Raisins)
APRIL 4-8	^Cereal w/ <u>Milk</u> Curried Vegetables w/ Brown Rice, Green Beans, and Fruit Selection Fruit w/ <u>Sliced Cheese</u>	^ <u>Whole Grain Pancakes</u> w∕ Fruit Selection Hawaiian Chicken w∕ Brown Rice, Zucchini, and Fruit Selection (V=Hawaiian Tofu) Guacamole w∕ ^Pita Chips	School Cl	osed for Spr	ring Break
APRIL 11-15	Avocado on ^WW Toast ^ <u>Spinach and Kale Pesto</u> <u>Pasta</u> w/ Vegetable Medley and Fresh Fruit Selection <u>Strawberry Yogurt</u> w/ ^Vanilla Wafers	* <u>Scrambled Eggs w/ Cheese</u> ^Ground Turkey Tacos w/ <u>Cheddar Sprinkles</u> , Spanish Brown Rice, Fiesta Corn and Fruit Selection (V=^Meatless Tacos) Sunbutter w/ ^Crackers	^ <u>Cheese Toast on WW</u> Louisiana Style Red Beans w∕ Brown Rice, Roasted Zucchini, and Fruit Selection ^Housemade Trail Mix	<u>ABiscuits</u> w/ Jam Herb Roasted Chicken, <u>Mashed Sweet Potatoes</u> w/ Brussel Sprouts and Fruit Selection (V= Veggie Patty) Sunbutter w/ Apples	<u>Grits w/ Cheese</u> <u>Turkey Shepherd's Pie</u> w/ Cauliflower, Carrots, and Fresh Fruit Selection (V= <u>Veggie Shepherd's Pie</u> ) ^Berry Trail Mix
APRIL 18-22	* <u>Spinach and Cheese Frittata</u> ^ <u>Macaroni &amp; Three Cheese</u> <u>Pasta</u> w/ Vegetable Medley and Fruit Selection Baked Cinnamon Apples	Strawberries & Cream Oatmeal ^Chili Lime Fish Tacos w/ Mango Salsa, Yellow Rice, Buttered Corn and Fruit Selection Cheese w/ ^Crackers	Breakfast Hash w/ Peppers and Onions Spanish Style Black Beans w/ Cilantro Brown Rice, Green Peas, and Fruit Selection ^* <u>Peach Celebration Cake</u>	^ <u>Cinnamon Toast</u> Roasted Vegetable Pasta w∕ Tomato Sauce, Carrots, ^ <u>Garlic Knots</u> and Fruit Selection <u>Housemade Spinach Dip</u> w∕ ^Pita Chips	^Cereal w/ <u>Milk</u> Turkey Sloppy Joes w/ ^Warm Buns, Ranch Roasted Potatoes, Green Beans, and Fruit Selection (V= Meatless Sloppy Joes) <u>Yogurt</u> w/ Fruit Selection
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APRIL 25-29	Pineapple/Blueberry Smoothies ^ <u>Cheese Pita Pizza</u> w/ Corn and Fresh Fruit Selection	*Scrambled Eggs w/ Salsa Vegetable Fried Rice w/ ^*Baked Egg Rolls, Stir Fried Vegetables and Fresh Fruit Selection	<u>Grits w/ Butter</u> Texas Style Baked Beans w/ Brown Rice, *^ <u>Housemade</u> <u>Cornbread</u> , Green Beans, and Fresh Fruit Selection	Maple Cinnamon Oatmeal Lemon Herb Chicken w/ Wild Rice, Vegetable Medley, and Fruit Selection (V= Veggie Patty)	Cereal Sundaes (^Cheerios, <u>Yogurt</u> , w/ Fruit) <u>Grilled Cheese on WW</u> w/ Sweet Potato Fries, Broccoli, and Fruit Selection
	^*Broccoli/Cheese Bites	Mixed Berry Yogurt	Baked Cinnamon Peaches	^Pita Chips w/ Hummus	^Graham Crackers w∕ <u>Cream</u> <u>Cheese Dip</u>
	ORGANIC OFFERINGS: Carrots Broccoli Charries Strawberries Spinach			FRESH FRUIT OFFERINGS: Apple Slices, Orange Smiles, Bananas, Melons	

Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS: Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)