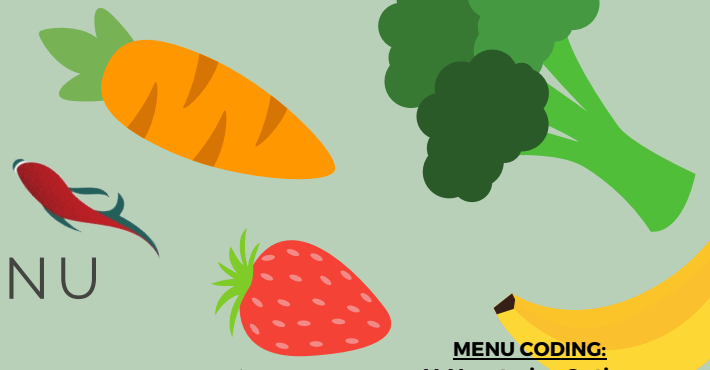


MARCH

THE SUZUKI SCHOOL MENU



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products or other allergens, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 1-4		Cereal Sundaes (^Cheerios, <u>Yogurt</u> , w/ Fruit) ^Fish Sticks w/ *Housemade Tarta Sauce, Roasted Potatoes, Broccoli and Fruit Selection (V=^Veggie Patty) Fruit w/ <u>Sliced Cheese</u>	<u>^Cinnamon Toast</u> <u>Turkey and Wild Rice Casserole</u> , Roasted Butternut Squash, and Fruit Selection (V= <u>Veg/Wild Rice Casserole</u>) ^Housemade Trail Mix	* <u>Spinach and Cheese Frittata</u> Texas Style Baked Beans w/ Brown Rice, ^ <u>Housemade Cornbread</u> , Carrots, and Fresh Fruit Selection Baked Cinnamon Peaches	<u>Grits w/ Butter</u> ^Spaghetti w/ Ground Turkey Marinara, Green Beans, ^ <u>Warm Rolls</u> , and Fruit Selection (V=^Veg Spaghetti Marinara) Ants on a Log (Sunbutter, Bananas, Raisins)
MARCH 7-11	<u>Strawberry and Cream Oatmeal</u> ^ <u>Cheese Pita Pizza</u> w/ Yellow Squash and Fruit Selection Fresh Fruit w/ <u>Yogurt</u>	<u>Pineapple-Blueberry Smoothies</u> ^ <u>Cheeseburger Sliders</u> w/ Sweet Potato Tots, <u>Buttered Peas</u> , and Fruit Selection (V=^ <u>Meatless Sliders</u>) Guacamole w/ ^Pita Chips	<u>Grits w/ Cheese</u> Chickpea Curry w/ Brown Rice, Green Beans, and Fruit Selection Berry Applesauce	^ <u>Whole Grain Pancakes</u> w/ Cinnamon Peaches Hawaiian Chicken w/ Brown Rice, Zucchini, and Fruit Selection (V=Hawaiian Tofu) <u>Housemade Spinach Dip</u> w/^Pita Chips	* <u>Scrambled Eggs</u> w/ <u>Cheese</u> ^Chicken Nuggets w/ Tator Tots, <u>Buttered Garlic Broccoli</u> and Fruit Selection (V= ^Veggie Nuggets) <u>Cheese</u> w/ ^Crackers
MARCH 14-18	<u>Orange-Pineapple Banana Smoothies</u> ^ <u>Cheese Tortellini</u> w/ Tomato Basil Sauce, Vegetable Medley, and Fruit Selection ^ <u>Broccoli and Cheese Bites</u>	^ <u>Apple-Cinnamon Baked Pancakes</u> Spanish Style Black Beans w/ Cilantro Lime Brown Rice, Corn, and Fruit Selection Fresh Fruit Selection	Fresh Fruit w/ <u>Yogurt</u> ^ <u>Chicken Parmesan Casserole</u> , Garlic Green Beans, and Fruit Selection (V=^ <u>Veg Parm Casserole</u>) ^ <u>Peaches and Cream Celebration Cake</u>	<u>Peach and Blueberry Oatmeal</u> Rotisserie Style Chicken, Yellow Rice, Broccoli and Fruit Selection (V=^Veggie Patty) Sunbutter w/ Apples	^Sunbutter Toast w/ Bananas Vegetable Fried Rice w/ ^ <u>Baked Egg Rolls</u> , Stir Fried Vegetables and Fresh Fruit Selection ^Berry Trail Mix
MARCH 21-25	^ <u>Cheese Toast on WW</u> <u>Broccoli and Cheese Casserole</u> w/ Carrots and Fruit Selection Baked Cinnamon Apples	^ <u>Whole Grain Pancakes</u> w/ Fruit Selection ^ <u>Vegetable Lasagna</u> w/ Roasted Brussel Sprouts and Fruit Selection Sunbutter w/ ^Crackers	^ <u>Blueberry Biscuits</u> Louisiana Style Red Beans w/ Brown Rice, Garlic and Herb Cauliflower and Fresh Fruit Selection ^Housemaid Trail Mix	^ <u>Three Cheese Quiche</u> ^ <u>Chicken Fajitas</u> w/ Cilantro Lime Brown Rice, Southwest Zucchini and Squash, and Fruit Selection ^ <u>Oatmeal Raisin Bars</u>	<u>Orange-Peach Smoothies</u> <u>Turkey Stroganoff</u> w/ ^ <u>Buttered Egg Noodles</u> , Broccoli and Fruit Selection (V=^Veggie Patty) ^Graham Crackers and Bananas
MARCH 28-31	^ <u>Biscuits</u> w/ Jam ^Roasted Vegetable Pasta w/ Tomato Basil Sauce, Carrots, ^ <u>Garlic Knots</u> , and Fruit Selection <u>Strawberry Yogurt</u> w/ ^Vanilla Wafers	*Scrambled Eggs w/ Salsa ^Chili Lime Fish Stick Tacos w/ Mango Salsa, Yellow Rice, Fiesta Corn and Fruit Selection ^Graham Crackers w/ <u>Cream Cheese Dip</u>	<u>Maple Cinnamon Oatmeal</u> <u>Chicken Florentine</u> w/ <u>Mashed Potatoes</u> , Garlic Green Beans, and Fruit Selection Fresh Fruit w/ <u>Cheese</u>	Breakfast Hash w/ Peppers and Onions ^ <u>Grilled Cheese on WW</u> w/ Sweet Potato Fries, Mixed Vegetables, and Fruit Selection Sliced Apples w/ <u>Yogurt</u>	

ORGANIC OFFERINGS:
 Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS:
 Apple Slices, Orange Smiles, Bananas, Melons
 (Seasonal)