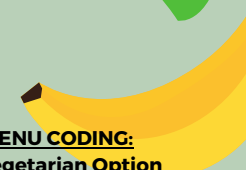
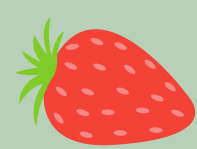




# MARCH-NS

## THE SUZUKI SCHOOL MENU



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products or other allergens, and menu items are subject to change.

**MENU CODING:**  
V=Vegetarian Option  
\*= May Contain Eggs  
Underline=May Contain Dairy  
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 1-4		Cereal Sundaes (^Cheerios, <u>Yogurt</u> , w/ Fruit)  ^Fish Sticks w/ *Housemade Tartar Sauce, Roasted Potatoes, Broccoli and Fruit Selection (V=^Veggie Patty)  Fruit w/ <u>Sliced Cheese</u>	<u>^Cinnamon Toast</u>  <u>Veg and Wild Rice Casserole</u> , Roasted Butternut Squash, and Fruit Selection  ^Housemade Trail Mix	* <u>Spinach and Cheese Frittata</u>  Texas Style Baked Beans w/ Brown Rice, ^* <u>Housemade Cornbread</u> , Carrots, and Fresh Fruit Selection  Baked Cinnamon Peaches	<u>Grits w/ Butter</u>  ^Spaghetti w/ Ground Turkey Marinara, Green Beans, ^ <u>Warm Rolls</u> , and Fruit Selection (V=^Veg Spaghetti Marinara)  Ants on a Log (Sunbutter, Bananas, Raisins)
MARCH 7-11	<u>Strawberry and Cream Oatmeal</u>  ^ <u>Cheese Pita Pizza</u> w/ Yellow Squash and Fruit Selection  Fresh Fruit w/ <u>Yogurt</u>	<u>Pineapple-Blueberry Smoothies</u>  ^Hamburger Sliders w/ Sweet Potato Tots, Green Peas, and Fruit Selection (V=^Meatless Sliders)  Guacamole w/ ^Pita Chips	<u>Grits w/ Cheese</u>  Chickpea Curry w/ Brown Rice, Green Beans, and Fruit Selection  Berry Applesauce	^ <u>Whole Grain Pancakes w/ Cinnamon Peaches</u>  Hawaiian Chicken w/ Brown Rice, Zucchini, and Fruit Selection (V=Hawaiian Tofu)  <u>Housemade Spinach Dip</u> w/^Pita Chips	* <u>Scrambled Eggs w/ Cheese</u>  ^Chicken Nuggets w/ Tator Tots, Garlic Broccoli, and Fruit Selection (V= ^Veggie Nuggets)  <u>Cheese</u> w/ ^Crackers
MARCH 14-18	<u>Orange-Pineapple Banana Smoothies</u>  ^* <u>Cheese Tortellini</u> w/ Tomato Basil Sauce, Vegetable Medley, and Fruit Selection  ^* <u>Broccoli and Cheese Bites</u>	^* <u>Apple-Cinnamon Baked Pancakes</u>  Spanish Style Black Beans w/ Cilantro Lime Brown Rice, Corn, and Fruit Selection  Fresh Fruit Selection	Fresh Fruit w/ <u>Yogurt</u>  ^ <u>Veg Parmesan Casserole</u> , Garlic Green Beans, and Fruit Selection  ^* <u>Peaches and Cream Celebration Cake</u>	<u>Peach and Blueberry Oatmeal</u>  Rotisserie Style Chicken, Yellow Rice, Broccoli and Fruit Selection (V=^Veggie Patty)  Sunbutter w/ Apples	^Sunbutter Toast w/ Bananas  Vegetable Fried Rice w/ ^* <u>Baked Egg Rolls</u> , Stir Fried Vegetables and Fresh Fruit Selection  ^Berry Trail Mix
MARCH 21-25	^ <u>Cheese Toast on WW</u>  <u>Broccoli and Cheese Casserole</u> w/ Carrots and Fruit Selection  Baked Cinnamon Apples	^ <u>Whole Grain Pancakes w/ Fruit Selection</u>  ^* <u>Vegetable Lasagna</u> w/ Roasted Brussel Sprouts and Fruit Selection  Sunbutter w/ ^Crackers	^ <u>Blueberry Biscuits</u>  Louisiana Style Red Beans w/ Brown Rice, Garlic and Herb Cauliflower and Fresh Fruit Selection  ^Housemaid Trail Mix	^* <u>Three Cheese Quiche</u>  ^Chicken Fajitas w/ Cilantro Lime Brown Rice, Southwest Zucchini and Squash, and Fruit Selection  ^* <u>Oatmeal Raisin Bars</u>	<u>Orange-Peach Smoothies</u>  <u>Veg Stroganoff</u> w/ ^* <u>Buttered Egg Noodles</u> , Broccoli and Fruit Selection  ^Graham Crackers and Bananas
MARCH 28-31	^ <u>Biscuits</u> w/ Jam  ^Roasted Vegetable Pasta w/ Tomato Basil Sauce, Carrots, ^ <u>Garlic Knots</u> , and Fruit Selection  <u>Strawberry Yogurt</u> w/ ^Vanilla Wafers	*Scrambled Eggs w/ Salsa  ^Chili Lime Fish Stick Tacos w/ Mango Salsa, Yellow Rice, Fiesta Corn and Fruit Selection  ^Graham Crackers w/ <u>Cream Cheese Dip</u>	<u>Maple Cinnamon Oatmeal</u>  Roasted Chicken w/ Gravy, Roasted Potatoes, Garlic Green Beans, and Fruit Selection  Fresh Fruit w/ <u>Cheese</u>	Breakfast Hash w/ Peppers and Onions  ^ <u>Grilled Cheese on WW</u> w/ Sweet Potato Fries, Mixed Vegetables, and Fruit Selection  Sliced Apples w/ <u>Yogurt</u>	

**ORGANIC OFFERINGS:**  
Carrots, Broccoli, Cherries, Strawberries, Spinach

**FRESH FRUIT OFFERINGS:**  
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)