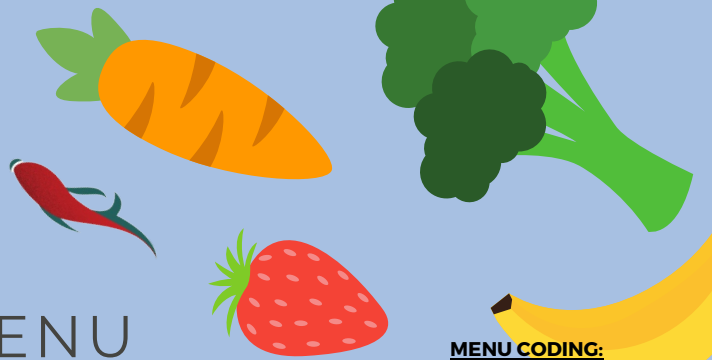




JULY



THE SUZUKI SCHOOL MENU



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 28-JULY 2				<u>*Baked Blueberry Oatmeal</u> <u>Chicken and Wild Rice Casserole</u> w/ Yellow Squash, <u>^Warm Rolls</u> , and Fruit Selection (V= <u>Veg Wild Rice Casserole</u>) <u>^Pita Chips</u> w/ Hummus	*Avocado on <u>^WW Toast</u> <u>^Macaroni and Three Cheese Pasta</u> w/ <u>Buttery Lima Beans</u> and Fresh Fruit Selection Housemade Trail Mix
JULY 5-9	SCHOOL CLOSED FOR BREAK	SCHOOL CLOSED FOR BREAK	SCHOOL CLOSED FOR BREAK	<u>Strawberry-Mango Smoothie</u> <u>^Grilled Cheese on WW</u> w/ Green Peas, Sweet Potato Fries, and Fruit Selection Sunbutter w/ <u>^Crackers</u>	<u>Cheese Grits</u> <u>^Turkey Meatloaf</u> w/ <u>Cauliflower Mash</u> , Green Beans, <u>^Warm Rolls</u> , and Fruit Selection (V= <u>^Veggie Patty</u>) <u>Yogurt</u> w/ Strawberries
JULY 12-16	Breakfast Hash w/ Onions and Peppers <u>^Spinach and Kale Pesto Pasta</u> w/ Roasted Carrots and Fresh Fruit Selection <u>^Broccoli and Cheese Bites</u>	<u>^Whole Grain Pancakes</u> w/ Fruit Selection Curry Chicken w/ Brown Rice, Broccoli, and Fresh Fruit Selection (V=Meatless Curry) <u>Cheese</u> w/ <u>^Crackers</u>	<u>Apple-Cinnamon Oatmeal</u> Texas Style Baked Beans w/ Brown Rice, Vegetable Medley, <u>^Warm Rolls</u> , and Fruit Selection Sliced Apples w/ <u>Yogurt</u>	<u>*Three Cheese Frittata</u> Ground Turkey Sloppy Joes on <u>^Warm Rolls</u> , Green Beans, and Fruit Selection (V=Meatless Sloppy Joes) Fresh Fruit w/ <u>Cheese</u>	<u>^Strawberry Bread</u> Homestyle Chicken w/ Roasted Potatoes, Green Peas, and Fruit Selection (V= <u>^Veggie Patty</u>) Fresh Fruit Selection
JULY 19-23	<u>^Warm Biscuits</u> w/ Jam <u>^Four Cheese Ravioli</u> w/ Marinara Sauce, Green Beans, <u>^Garlic Knots</u> , and Fruit Selection Housemade Trail Mix	<u>^Veggie Quiche</u> Hawaiian Chicken w/ Brown Rice, Stir Fried Vegetables, and Fruit Selection (V=Meatless Hawaiian Chicken) Spiced Peaches w/ <u>Yogurt</u>	<u>Yogurt</u> w/ Fruit Selection Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, <u>^Housemade Cornbread</u> , and Fruit Selection <u>^Celebration Berry Cake</u>	<u>*Scrambled Eggs</u> w/ <u>Cheese</u> <u>^Ground Turkey Tacos</u> w/ <u>Cheddar Sprinkles</u> , Saffron Rice, Roasted Corn and Fruit Selection Guacamole w/ <u>^Pita Chips</u>	<u>^Cheese on WW Toast</u> Lemon-Herb Chicken w/ Brown Rice, Broccoli, and Fruit Selection (V= <u>^Veggie Patty</u>) Sliced Apples w/ Sunbutter
JULY 26-30	<u>Grits</u> w/ <u>Butter</u> <u>Broccoli & Cheese Casserole</u> w/ Roasted Carrots and Fruit Selection <u>Housemade Spinach Dip</u> w/ <u>^Pita Chips</u>	<u>Blueberry-Pineapple Smoothies</u> <u>^Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn, and Fruit Selection (V= <u>^Meatless Taco</u>) Sunbutter w/ <u>^Crackers</u>	<u>*Spinach & Cheese Frittata</u> Vegetable Fried Rice w/ <u>^Baked Egg Rolls</u> , Stir Fry Vegetables, and Fruit Selection <u>Cheese</u> w/ Fresh Fruit Selection	<u>Peaches and Cream Oatmeal</u> Curry Chicken w/ Brown Rice, Broccoli, and Fresh Fruit Selection (V=Meatless Curry) Ants on a Log (Bananas, Sunbutter and Raisins)	Fresh Fruit w/ <u>Yogurt</u> <u>^Chicken Nuggets</u> w/ Yellow Rice, Green Beans and Fruit Selection (V= <u>^Veggie Nuggets</u>) Guacamole w/ <u>^Pita Chips</u>

ORGANIC OFFERINGS:
Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS:
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)