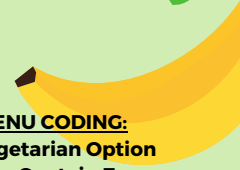




MAY



THE SUZUKI SCHOOL MENU



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 3-7	<p><u>Blueberry-Pineapple Smoothies</u></p> <p>^<u>Broccoli & Cheese Casserole</u> w/ Roasted Carrots and Fruit Selection</p> <p>Spiced Apples w/ <u>Yogurt</u></p>	<p><u>Yogurt</u> w/ Fresh Fruit</p> <p>Teriyaki Chicken w/ Brown Rice, Broccoli, and Fruit Selection (V=^Veggie Patty)</p> <p>Fresh Fruit w/ <u>Cheese</u></p>	<p>Grits w/ <u>Butter</u></p> <p>^<u>Taco Spaghetti Pie</u> w/ Sweet Corn and Fruit Selection (V=^<u>Veggie Spaghetti Pie</u>)</p> <p><u>Housemade Spinach Dip</u> w/ ^Pita Chips</p>	<p><u>Peach Oatmeal</u></p> <p><u>Chicken Tikka</u> w/ Peas, Carrots, ^Warm Pita, and Fruit Selection (V= Veg. Tikka)</p> <p>^<u>Vegetable Pikelets</u></p>	<p>*Scrambled Eggs w/ Salsa</p> <p>Spanish Style Black Beans w/ Brown Rice, Plantains, Vegetable Medley, and Fruit Selection</p> <p>Ants on a Log (Bananas, Sunbutter and Raisins)</p>
MAY 10-14	<p>*Avocado on ^WW Toast</p> <p>^<u>Macaroni and Three Cheese Pasta</u> w/ <u>Buttery Brussel Sprouts</u> and Fresh Fruit Selection</p> <p>Housemade Trail Mix</p>	<p>*<u>Baked Blueberry Oatmeal</u></p> <p><u>Chicken and Wild Rice Casserole</u> w/ Yellow Squash, ^<u>Warm Rolls</u>, and Fruit Selection (V=Veg <u>Wild Rice Casserole</u>)</p> <p>^Pita Chips w/ Hummus</p>	<p><u>Cheese Grits</u></p> <p>^<u>Turkey Meatloaf</u> w/ <u>Cauliflower Mash</u>, Green Beans, ^<u>Warm Rolls</u>, and Fruit Selection (V=^Veggie Patty)</p> <p><u>Yogurt</u> w/ Strawberries</p>	<p><u>Strawberry-Mango Smoothie</u></p> <p>^<u>Grilled Cheese on WW</u> w/ Green Peas, Sweet Potato Fries, and Fruit Selection</p> <p>Sunbutter w/ ^Crackers</p>	<p>Fresh Fruit w/ <u>Yogurt</u></p> <p>^<u>Chicken Nuggets</u> w/ Yellow Rice, Green Beans and Fruit Selection (V=Veggie Nuggets)</p> <p>Guacamole w/ ^Pita Chips</p>
MAY 17-21	<p>Breakfast Hash w/ Onions and Peppers</p> <p>^<u>Spinach and Kale Pesto Pasta</u> w/ Roasted Carrots and Fresh Fruit Selection</p> <p>^<u>Broccoli and Cheese Bites</u></p>	<p>^<u>Whole Grain Pancakes</u> w/ Fruit Selection</p> <p>Curry Chicken w/ Brown Rice, Broccoli, and Fresh Fruit Selection (V=Meatless Curry)</p> <p><u>Cheese</u> w/ ^Crackers</p>	<p><u>Apple-Cinnamon Oatmeal</u></p> <p>Texas Style Baked Beans w/ Brown Rice, Roasted Carrots, ^<u>Warm Rolls</u>, and Fruit Selection</p> <p>Sliced Apples w/ <u>Yogurt</u></p>	<p>*<u>Three Cheese Frittata</u></p> <p>Ground Turkey Sloppy Joes on ^<u>Warm Rolls</u>, Green Beans, and Fruit Selection (V=Meatless Sloppy Joes)</p> <p>Fresh Fruit w/ <u>Cheese</u></p>	<p>^<u>Strawberry Bread</u></p> <p>Homestyle Chicken w/ Roasted Potatoes, Green Peas, and Fruit Selection (V=^Veggie Patty)</p> <p>Fresh Fruit Selection</p>
MAY 24-28	<p>^<u>Warm Biscuits</u> w/ Jam</p> <p>^<u>Four Cheese Ravioli</u> w/ Marinara Sauce, Green Beans, ^<u>Garlic Knots</u>, and Fruit Selection</p> <p>Housemade Trail Mix</p>	<p>^<u>Veggie Quiche</u></p> <p>Hawaiian Chicken w/ Brown Rice, Stir Fried Vegetables, and Fruit Selection (V=Meatless Orange Chicken)</p> <p>Spiced Peaches w/ <u>Yogurt</u></p>	<p><u>Yogurt</u> w/ Fruit Selection</p> <p>Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, ^Housemade Cornbread, and Fruit Selection</p> <p>^<u>Celebration Apple Cake</u></p>	<p>*<u>Scrambled Eggs</u> w/ <u>Cheese</u></p> <p>^Ground Turkey Tacos w/ <u>Cheddar Sprinkles</u>, Saffron Rice, Roasted Corn and Fruit Selection</p> <p>Guacamole w/ ^Pita Chips</p>	<p>^<u>Cheese on WW Toast</u></p> <p>Lemon-Herb Chicken w/ Brown Rice, Broccoli, and Fruit Selection (V=^Veggie Patty)</p> <p>Sliced Apples w/ Sunbutter</p>
MAY 31-JUNE 4	SCHOOL CLOSED FOR BREAK	SCHOOL CLOSED FOR BREAK	SCHOOL CLOSED FOR BREAK	SCHOOL CLOSED FOR BREAK	SCHOOL CLOSED FOR BREAK

ORGANIC OFFERINGS:
Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS:
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)