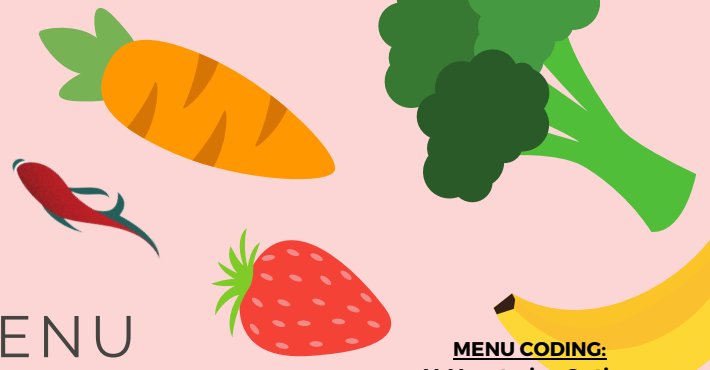




APRIL



THE SUZUKI SCHOOL MENU



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy
^= May Contain Wheat

MARCH 29-APRIL 2

MONDAY

Blueberry-Pineapple Smoothies

Broccoli & Cheese Casserole w/ Roasted Carrots and Fruit Selection

Spiced Apples w/ Yogurt

TUESDAY

*Baked Blueberry Oatmeal

Chicken and Wild Rice Casserole w/ Yellow Squash, ^Warm Rolls, and Fruit Selection
(V=Veg Wild Rice Casserole)

^Pita Chips w/ Hummus

WEDNESDAY

Grits w/ Butter

Taco Spaghetti Pie w/ Sweet Corn and Fruit Selection
(V=Veggie Spaghetti Pie)

Housemade Spinach Dip w/ ^Pita Chips

THURSDAY

Yogurt w/ Fresh Fruit

Teriyaki Chicken w/ Brown Rice, Broccoli, and Fruit Selection
(V=^Veggie Patty)

Ants on a Log (Bananas, Sunbutter and Raisins)

FRIDAY

*Scrambled Eggs w/ Salsa

Spanish Style Black Beans w/ Brown Rice, Plantains, Vegetable Medley, and Fruit Selection

^Vegetable Pikelets

APRIL 5-9

SCHOOL CLOSED FOR SPRING BREAK

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Strawberry-Mango Smoothie

^Grilled Cheese on WW w/ Green Peas, Sweet Potato Fries, and Fruit Selection

Sunbutter w/ ^Crackers

^Cheese on WW Toast

^Chicken Nuggets w/ Yellow Rice, Green Beans and Fruit Selection
(V=Veggie Nuggets)

Guacamole w/ ^Pita Chips

APRIL 12-16

Breakfast Hash w/ Onions and Peppers

^Spinach and Kale Pesto Pasta w/ Roasted Carrots and Fresh Fruit Selection

^Broccoli and Cheese Bites

Cheese Grits

^Turkey Meatloaf w/ Cauliflower Mash, Green Beans, ^Warm Rolls, and Fruit Selection
(V=^Veggie Patty)

Yogurt w/ Strawberries + Maple Syrup

^Whole Grain Pancakes w/ Fruit Selection

Curry Chicken w/ Roasted Potatoes, Broccoli, and Fresh Fruit Selection
(V=Meatless Curry)

Cheese w/ ^Crackers

*Three Cheese Frittata

^Sweet Potato and Black Bean Enchilada Pie w/ Fiesta Rice, Corn Salsa, and Fruit Selection

Fresh Fruit w/ Cheese

*^Banana-Apple Bread

Homestyle Chicken w/ Roasted Potatoes, Green Peas, and Fruit Selection
(V=^Veggie Patty)

Fresh Fruit Selection

APRIL 19-23

^Warm Biscuits w/ Jam

^Four Cheese Ravioli w/ Marinara Sauce, Green Beans, ^Garlic Knots, and Fruit Selection

Housemade Trail Mix

*^Veggie Quiche

Orange Chicken w/ Brown Rice, Stir Fried Vegetables, and Fruit Selection
(V=Meatless Orange Chicken)

Spiced Peaches w/ Yogurt

Yogurt w/ Fruit Selection + Maple Syrup

Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, ^Housemade Cornbread, and Fruit Selection

Fresh Fruit w/ Cheese

Grits w/ Butter

^Turkey Pot Pie w/ Cauliflower and Baked Apples
(V=^Veg. Pot Pie)

^Pita Chips w/ Hummus

^Cheese on WW Toast

Lemon-Herb Chicken w/ Brown Rice, Broccoli, and Fruit Selection
(V=^Veggie Patty)

Sliced Apples w/ Sunbutter

APRIL 26-30

Avocado on ^WW Toast

^Macaroni and Three Cheese Pasta w/ Buttery Brussel Sprouts and Fresh Fruit Selection

Yogurt w/ Fruit Selection + Maple Syrup

*^Breakfast Quesadillas

^Ground Turkey Tacos w/ Cheddar Sprinkles, Saffron Rice, Roasted Corn, and Fruit Selection
(V=^Tofu Tacos)

Guacamole w/ ^Pita Chips

Apple Cinnamon Oatmeal

Texas Style Baked Beans w/ Brown Rice, Roasted Carrots, ^Warm Rolls, and Fruit Selection

^Celebration Key Lime Cake

*^Whole Grain Pancakes w/ Fruit Selection

Chicken Tikka w/ Peas and Carrots, ^Warm Pita, and Fruit Selection
(V=Veg. Tikka)

Sliced Apples w/ Yogurt

Green Smoothies

Vegetable Fried Rice w/ ^Baked Egg Rolls, Stir Fried Vegetables, and Fruit Selection

Housemade Spinach Dip w/ ^Warm Pita

ORGANIC OFFERINGS:
Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS:
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)