



Menu Coding

V = Vegetarian Entrée Option

*Asterisk = May Contain Eggs

Underline = May Contain Dairy

^Arrow = May Contain Wheat

Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

February 2021

MON		TUE		WED		THU		FRI	
1	Sunbutter ^Toast w/ Bananas ^Macaroni and Three Cheese Pasta w/ Maple Glazed Brussel Sprouts, ^Housemade Cornbread, and Fresh Fruit Selection Roasted Corn Salsa w/ ^Pita Chips	2	<u>Maple and Brown Sugar Oatmeal</u> <u>Chicken and Wild Rice Casserole w/ Roasted Butternut Squash, ^*Warm Rolls, and Fruit Selection</u> (V= <u>Veggie and Wild Rice Casserole</u>) Spiced Peaches w/ <u>Yogurt</u>	3	<u>*Three Cheese Frittata</u> Spanish Style Black Beans, Yellow Rice, Vegetable Medley, ^Housemade Cornbread, and Fruit Selection Ants on a Log (Bananas, Sunbutter, and Raisins)	4	<u>Orange-Peach Smoothies</u> ^Turkey Pot Pie w/ Green Beans, Cauliflower and Baked Apples (V= ^ <u>Veggie Pot Pie</u>) Fresh Guacamole w/ ^Pita Chips	5	Fresh Fruit Selection w/ <u>Yogurt</u> Curry Chicken w/ Roasted Potatoes, Peas and Fresh Fruit Selection (V= Meatless Curry) ^*Homemade Strawberry Bread
8	^* <u>Veggie Quiche</u> ^Roasted Vegetable Pasta w/ Marinara, Sweet Carrots, ^* <u>Warm Garlic Knots</u> and Fruit Selection ^* <u>Broccoli and Cheese Bites</u>	9	<u>Grits w/ Butter</u> ^ <u>Cheese Quesadillas w/ Yellow Rice, Roasted Corn, and Fruit Selection</u> Sliced Apples w/ <u>Yogurt Dip</u>	10	^ <u>Cheese Toast</u> Turkey Chili w/ Roasted Cauliflower, ^Housemade Cornbread and Fruit Selection (V=Veggie Chili) <u>Strawberry-Mango Smoothies</u>	11	Cereal Sundaes (<u>Yogurt</u> , Fruit, ^Cheerios) Chicken Souvlaki, Brown Rice, Broccoli, and Fresh Fruit Selection (V= Vegetarian Souvlaki) ^ <u>Monkey Munch Trail Mix</u>	12	^*French Toast Casserole ^Chicken Nuggets, Peas and Carrots, ^* <u>Warm Rolls</u> , and Fruit Selection (V= Veggie Nuggets) ^* <u>Peach Cobbler</u>
15	SCHOOL CLOSED FOR PRESIDENT'S DAY	16	Breakfast Hash w/ Peppers and Onions ^*Chili Lime Fish Stick Tacos w/ Mango Salsa, Fiesta Rice, Sweet Corn, and Fruit Selection (V= ^Tofu Tacos) <u>Spinach Dip w/ ^Warm Pita</u>	17	^Cinnamon Toast ^ <u>Turkey Lasagna w/ Green Beans, ^*Warm Rolls, and Fruit Selection</u> (V= ^ <u>Veggie Lasagna</u>) <u>Cheese w/ ^Crackers</u>	18	<u>Cheese Grits</u> Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, and Fresh Fruit Selection Spiced Apples w/ <u>Yogurt</u>	19	^* <u>Biscuits and Jam</u> Hawaiian Chicken w/ Brown Rice, Green Peas, ^* <u>Warm Rolls</u> (V=Hawaiian Tofu) Fresh Fruit Selection
22		23	24	25	26				
	^Avocado Toast ^ <u>Fettuccine Alfredo</u> w/ Garlic Green Beans, ^* <u>Garlic Knots</u> , and Mixed Berry Applesauce Fresh Fruit Selection	Fresh Fruit Selection Apricot Glazed Chicken w/ Broccoli, ^* <u>Warm Rolls</u> and Fruit Selection (V= Apricot Tofu) ^Graham Crackers w/ <u>Cream Cheese Dip</u>	<u>*Scrambled Eggs w/ Cheese</u> ^ <u>Turkey and Bean Enchiladas</u> w/ Green Beans and Fruit Selection (V= ^ <u>Veggie Enchiladas</u>) ^* <u>Celebration Confetti Cake</u>	<u>Blueberries and Cream Oatmeal</u> Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, ^* <u>Warm Rolls</u> and Fruit Selection ^ <u>Housemade Trail Mix</u>	^Cheerios w/ <u>Milk</u> Veggie Fried Rice w/ ^*Baked Egg Rolls, Stir Fry Vegetables, and Fruit Selection Hummus w/ ^Pita Chips				
				We offer the following organic products on the menu: <ul style="list-style-type: none"> ✓ Carrots ✓ Broccoli ✓ Mixed Berries ✓ Cherries ✓ Strawberries Fresh Spinach 	Fresh Fruit Selections: <ul style="list-style-type: none"> ✓ Apple Slices ✓ Orange Smiles ✓ Bananas Melons 				