



Menu Coding

V = Vegetarian Entrée Option

\*Asterisk = May Contain Eggs

Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

Underline = May Contain Dairy

^Arrow = May Contain Wheat

# February 2021

MON		TUE		WED		THU		FRI	
1	Sunbutter ^Toast w/ Bananas  ^ <u>Macaroni and Three Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts, ^Housemade Cornbread, and Fresh Fruit Selection  Roasted Corn Salsa w/ ^Pita Chips	2	<u>Maple and Brown Sugar Oatmeal</u>  <u>Chicken and Wild Rice Casserole</u> w/ Roasted Butternut Squash, <b>**Warm Rolls</b> , and Fruit Selection (V= <u>Veggie and Wild Rice Casserole</u> )  Spiced Peaches w/ <u>Yogurt</u>	3	<b>*Three Cheese Frittata</b>  Spanish Style Black Beans, Yellow Rice, Vegetable Medley, ^Housemade Cornbread, and Fruit Selection  Ants on a Log (Bananas, Sunbutter, and Raisins)	4	<u>Orange-Peach Smoothies</u>  ^ <u>Turkey Pot Pie</u> w/ Green Beans, Cauliflower and Baked Apples (V= <u>Veggie Pot Pie</u> )  Fresh Guacamole w/ ^Pita Chips	5	Fresh Fruit Selection w/ <u>Yogurt</u>  Curry Chicken w/ Roasted Potatoes, Peas and Fresh Fruit Selection (V= Meatless Curry)  ^ <b>*Homemade Strawberry Bread</b>
8	<b>**Veggie Quiche</b>  ^Roasted Vegetable Pasta w/ Marinara, Sweet Carrots, <b>**Warm Garlic Knots</b> and Fruit Selection  <b>**Broccoli and Cheese Bites</b>	9	<u>Grits w/ Butter</u>  ^ <u>Cheese Quesadillas</u> w/ Yellow Rice, Roasted Corn, and Fruit Selection  Sliced Apples w/ <u>Yogurt Dip</u>	10	^ <u>Cheese Toast</u>  Turkey Chili w/ Roasted Cauliflower, ^Housemade Cornbread and Fruit Selection (V=Veggie Chili)  <u>Strawberry-Mango Smoothies</u>	11	Cereal Sundaes ( <u>Yogurt</u> , Fruit, ^Cheerios)  Chicken Souvlaki, Brown Rice, Broccoli, and Fresh Fruit Selection (V= Vegetarian Souvlaki)  ^ <u>Monkey Munch Trail Mix</u>	12	^ <b>*French Toast Casserole</b>  ^Chicken Nuggets, Peas and Carrots, <b>**Warm Rolls</b> , and Fruit Selection (V= Veggie Nuggets)  ^ <b>*Peach Cobbler</b>
15	Fresh Fruit with <u>Yogurt</u>  ^ <u>Grilled Cheese</u> with Sweet Potato Fries, Peas and Carrots, Fresh Fruit Selection  ^ <u>Housemade Trail Mix</u>	16	Breakfast Hash w/ Peppers and Onions  <b>**Chili Lime Fish Stick Tacos</b> w/ Mango Salsa, Fiesta Rice, Sweet Corn, and Fruit Selection (V= ^Tofu Tacos)  <u>Spinach Dip</u> w/ ^Warm Pita	17	^Cinnamon Toast  ^ <u>Turkey Lasagna</u> w/ Green Beans, <b>**Warm Rolls</b> , and Fruit Selection (V= <u>Veggie Lasagna</u> )  <u>Cheese</u> w/ ^Crackers	18	<u>Cheese Grits</u>  Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, and Fresh Fruit Selection  Spiced Apples w/ <u>Yogurt</u>	19	^ <b>*Biscuits and Jam</b>  Hawaiian Chicken w/ Brown Rice, Green Peas, <b>**Warm Rolls</b> (V=Hawaiian Tofu)  Fresh Fruit Selection
22	^Avocado Toast  ^ <u>Fettuccine Alfredo</u> w/ Garlic Green Beans, <b>**Garlic Knots</b> , and Mixed Berry Applesauce  Fresh Fruit Selection	23	Fresh Fruit Selection  Apricot Glazed Chicken w/ Broccoli, <b>**Warm Rolls</b> and Fruit Selection (V= Apricot Tofu)  ^Graham Crackers w/ <u>Cream Cheese Dip</u>	24	<b>*Scrambled Eggs w/ Cheese</b>  ^ <u>Turkey and Bean Enchiladas</u> w/ Green Beans and Fruit Selection (V= <u>Veggie Enchiladas</u> )  <b>**Celebration Confetti Cake</b>	25	<u>Blueberries and Cream Oatmeal</u>  Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, <b>**Warm Rolls</b> and Fruit Selection  ^ <u>Housemade Trail Mix</u>	26	^Cheerios w/ <u>Milk</u>  Veggie Fried Rice w/ <b>**Baked Egg Rolls</b> , Stir Fry Vegetables, and Fruit Selection  Hummus w/ ^Pita Chips
						<b>We offer the following organic products on the menu:</b> <ul style="list-style-type: none"> <li>✓ Carrots</li> <li>✓ Broccoli</li> <li>✓ Mixed Berries</li> <li>✓ Cherries</li> <li>✓ Strawberries</li> <li>Fresh Spinach</li> </ul>		<b>Fresh Fruit Selections:</b> <ul style="list-style-type: none"> <li>✓ Apple Slices</li> <li>✓ Orange Smiles</li> <li>✓ Bananas</li> <li>Melons</li> </ul>	