



Menu Coding

V = Vegetarian Entrée Option




*Asterisk = May Contain Eggs

Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

Underline = May Contain Dairy

^Arrow = May Contain Wheat

November 2020

MON	TUE	WED	THU	FRI
2	3	4	5	6
<p>^<u>Macaroni and Three-Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts, and ^Housemade Cornbread, and Fruit Selection</p> <p>^*<u>Homemade Chocolate Zucchini Bread</u></p>	<p>**School Closes at 4:15pm**</p> <p>^*<u>Turkey Meatloaf</u> w/ Roasted Squash, Broccoli, ^*<u>Warm Rolls</u>, and Fresh Fruit Selection (V=^Veggie Patty)</p> <p>Sunbutter w/ ^Crackers</p>	<p>^<u>Cheese Quesadilla</u>, Black Beans, Fiesta Corn, and Fruit Selection</p> <p>Fresh Fruit Selection</p>	<p>Apricot Glazed Chicken w/ Vegetable Medley, ^*<u>Warm Rolls</u>, and Fruit Selection (V= Veggie Nuggets)</p> <p>Fresh Bananas w/ <u>Yogurt</u></p>	<p>Orange Chicken w/ Brown Rice, Stir Fry Vegetables, and Fresh Fruit Selection (V=Orange Tofu)</p> <p><u>Peach-Mango Smoothies</u></p>
9	10	11	12	13
<p>^<u>Grilled Cheese Sandwiches</u> w/ Green Beans, Sweet Potato Fries, and Fruit Selection</p> <p>Fresh Fruit Selection</p>	<p><u>Turkey Stroganoff</u> w/ ^*Egg Noodles, Vegetable Medley, and Fruit Selection (V= ^Veggie Patty)</p> <p>Fresh Guacamole w/ ^Pita Chips</p>	<p>^Fish Sticks w/ ^*Housemade Tartar Sauce, Broccoli, ^*<u>Warm Rolls</u>, and Fresh Fruit Selection (V= Veggie Nuggets)</p> <p><u>Cream Cheese Dip</u> w/ ^Graham Crackers</p>	<p>Lemon-Herb Baked Chicken w/ <u>Cauliflower Mash</u>, Green Beans, ^*<u>Warm Rolls</u>, and Fruit Selection (V= Lemon-Herb Tofu)</p> <p><u>Strawberry-Mango Smoothies</u></p>	<p>Vegetable Fried-Rice w/ ^*Baked Eggrolls, Stir Fried Vegetables, and Fresh Fruit Selection</p> <p>Hummus w/ ^Pita Chips</p>
16	17	18	19	20
<p>^<u>Spinach and Kale Pesto Pasta</u> w/ Roasted Carrots, ^*<u>Warm Rolls</u>, and Fruit Selection</p> <p>Fresh Fruit w/ <u>Cheese</u></p>	<p>Apple Chicken Curry w/ Brown Rice, Broccoli, and Fresh Fruit Selection (V= Tofu Curry)</p> <p>Ants on a Log (Bananas, Raisins, Sunbutter)</p>	<p>Spanish Style Black Beans w/ Yellow Rice, Plantains, Vegetable Medley, and Fruit Selection</p> <p><u>Housemade Spinach Dip</u> w/ ^Pita Chips</p>	<p>^<u>Chicken Tetrazzini</u> w/ Parmesan Spinach, Sweet Carrots, and Fruit Selection (V= <u>Veggie Tetrazzini</u>)</p> <p>^Housemade Trail Mix</p>	<p>^Ground Turkey Tacos w/ <u>Cheddar Sprinkles</u>, Saffron Rice, Fiesta Corn, and Fruit Selection (V= Veggie Nuggets)</p> <p><u>Strawberry Yogurt Dip</u> w/ ^Graham Crackers</p>
23	24	25	26	27
<p><u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots and Fresh Fruit Selection</p> <p><u>Cheese</u> w/ ^Crackers</p>	<p>Roasted Turkey w/ Gravy, <u>Mashed Potatoes</u>, Green Beans, ^*<u>Warm Rolls</u>, and Fruit Selection (V= ^Veggie Patty)</p> <p>^*<u>Celebration Pumpkin Pie</u></p>	<p>Closed for Thanksgiving Break</p> 	<p>Closed for Thanksgiving Break</p> 	<p>Closed for Thanksgiving Break</p> 
30				
<p>^*<u>Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, ^*<u>Warm Garlic Knots</u>, and Fresh Fruit Selection</p> <p>Sunbutter w/ ^Crackers</p>			<p>We offer the following organic products on the menu:</p> <ul style="list-style-type: none"> ✓ Carrots ✓ Broccoli ✓ Mixed Berries ✓ Cherries ✓ Strawberries ✓ Fresh Spinach 	<p>Fresh Fruit Selections:</p> <ul style="list-style-type: none"> ✓ Apple Slices ✓ Orange Smiles ✓ Bananas ✓ Melons