

Menu Coding

V = Vegetarian Entrée Option

*Asterisk = May Contain Eggs

<u>Underline</u> = May Contain Dairy

^Arrow = May Contain Wheat processed in a facility that also processes June 20

Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MON	TUE	WED	THU	FRI
1	2	3	4	5
Lunch: Apricot Glazed Chicken w/Couscous, ^Sweet Rolls, Frozen Fruit Selection, California Blend Veggies	Lunch: Four Cheese Ravioli w/Marinara Sauce, Broccoli, Warm Garlie Break, Fresh Fruit Selection	Lunch: Ground Turkey Sloppy Joes on Warm Rolls, Green Beans, Fresh Fruit Selection (V = Tofu Crumble)	Lunch: <u>Broccoli and Cheese Casserole</u> w/Maple Glazed Carrots, Roasted Corn, Frozen Fruit Selection	Lunch: Chicken Nuggets w/Pease and Carrots, Warm Rolls, Frozen Fruit Selection (V = Veggie Nuggets)
Snack: Apple Slices with <u>Yogurt Dip</u>	Snack: Black Bean Hummus	Snack: <u>Cheese</u> w/Craekers	Snack: Strawberry Bread	Snack: Fresh Guacamole w/^Pita Chips
8	9	10	11	12
Lunch: Turkey Lasagna w/ Garlic Green Beans and Fresh Fruit (Bananas) (V = Veg. Lasagna) Snack: Housemade Trail Mix	Lunch: Pasta Primavera w/Warm Garlie Rolls, Fresh Fruit Selection Snack: Sunflower Butter w/ Crackers	Lunch: Rotisserie Style Chieken w/Cauliflower Mash, Pease and Carrots, Warm Rolls, Fruit Selection (V = Veggie Patties) Snack: Household Trail Mix	Lunch: *Macaroni Three Cheese Pasta w/Maple Glazed Brussel Sprouts, Housemade Cornbread and Frozen Fruit Snack: Black Bean Hummus	Lunch: *Turkey Meatloaf w/Yellow Squash, Vegetable Medley, Warm Rolls, Fresh Fruit Selection (V = Tofu) Snack: *Housemade Berry Bread
15	16	17	18	19
Lunch: ^Turkey Stroganoff w/*Egg Noodles, Green Beans, Mixed Berry Applesauce (V = ^Meatless Stroganoff) Snack:	Lunch: Vegetable Fried Rice w/^Baked Eggrolls, Stir Fried Vegetables, Frozen Fruit Selection Snack:	Lunch: Peachy Barbecue Chicken w/Garlic Green Beans, Warm Rolls, Fruit Selection (V = Peachy BBQ Tofu) Snack:	Lunch: ^Roasted Vegetable Pasta w/Marinara, Sweet Carrots, Warm Garlic Bread, Frozen Fruit Selection Snack:	Lunch: ^Fish Sticks w/Housemade Tartar Sauce, Yellow Rice, Broccoli, Frozen Fruit Selection (V = Vegetarian Nuggets) Snack:
Monkey Munch Trail Mix	<u>Cheese</u> w/^Crackers	^Warm Soft Pretzels w/ <u>Cheddar</u> <u>Sauce</u>	^Pita Chips w/ <u>Housemade Spinach</u> <u>Dip</u>	Fresh Fruit Selection
22	23	24	25	26
Lunch: Hawaiian Chicken w/^Brown Rice, Green Peas, ^Warm Rolls, Fruit Selection (V = Hawaiian Tofu/^Brown Rice)	Lunch: Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, Fruit Selection	Lunch: ^*Turkey Lasagna w/Garlic Green Beans and Fresh Fruit Selection (V = Vegetarian Lasagna)	Lunch: ^Grilled Cheese Sandwiches w/Green Peas, Crisp Sweet Potato Fries, Fruit Selection	Lunch: Lemon-Herb Baked Chicken w/^Brown Rice, Broccoli, Warm Rolls, Fresh Fruit Selection (V = Lemon Herb Baked Tofu)
Snack: Applesauce w/Yogurt Dip	Snack: ^Graham Crackers w/ <u>Cream Cheese</u> <u>Dip</u>	Snack: Sunflower Butter w/Crackers	Snack: ^Pita Chips w/Hummus	Snack: ^Housemade Trail Mix
29	30			
Lunch: Turkey Tortilla Casserole w/Green Beans, Fruit Selection (V = Meatless Tortilla Casserole)	Lunch: Pasta Primavera w/^Warm Garlic Rolls, Fresh Fruit Selection	We offer the following organic products on the menu: ✓ Carrots ✓ Broccoli ✓ Mixed Berries	Fresh Fruit Selections: ✓ Apple Slices ✓ Orange Smiles ✓ Bananas ✓ Melons	Frozen Fruit Selections: Peaches, Mangos, Pineapples, Strawberries, Tropical Mix, Mixed Fruit, Mixed Berries, Cherries
Snack: <u>Yogurt</u>	Snack: <u>Cheese</u> w/^Crackers	✓ Cherries✓ Strawberries✓ Fresh Spinach✓ Canned Tomato Products		5:00PM Snack Options: Goldfish, Graham Crackers, Ritz or Club Crackers, Vanilla Wafers, Animal Cookies, Chex Mix