

Suzuki School Menu

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
24 We offer the following products organic on the menu: Carrots Broccoli Mixed Berries Cherries Strawberries Fresh Spinach Canned Tomato Products	25 Fresh Fruit Selections: Apple Slices Orange Smiles Bananas Melons	26 Frozen Fruit Selections: Peaches Mangos Pineapples Strawberries Tropical Mix Mixed Fruit Mixed Berries Cherries	27 5:00pm Snack Options: Goldfish Graham Crackers Ritz or Club Crackers Vanilla Wafers Animal Cookies Chex Mix	28 Menu Coding: V = Vegetarian Entrée Option *Asterisk = May contain eggs <u>Underline</u> = May contain dairy ^Arrow = May contain Wheat *Some pre-packaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.
2 <u>Yogurt</u> w/ Fresh Fruit ^Pasta Primavera w/ ^Warm Garlic Bread and Fresh Fruit Selection Sunflower Butter w/ ^Crackers	3 <u>Warm Biscuits</u> w/ Jam Curry Chicken w/ Carribean Rice and Beans, Carrots, and Fruit Selection (V=Meatless Curry) ^Pita Chips w/ Hummus	4 <u>Strawberry and Cream Oatmeal</u> Ground Turkey Sloppy Joes on ^ <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V=Tofu Crumble Sloppy Joe) ^Housemade Trail Mix	5 *Scrambled Eggs w/ <u>Cheese</u> and Salsa Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, ^Housemade Cornbread and Fruit Selection Baked Spiced Apples w/ <u>Yogurt</u>	6 Grits w/ Butter Chicken Fajitas w/ Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^Warm Tortillas (V= *Veggie Patty) ^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u>
9 ^Cheese Toast ^Spinach and Kale Pesto Pasta w/ Sweet Carrots, ^ <u>Warm Rolls</u> , Fruit Selection Fresh Fruit Selection	10 Cereal Sundaes (<u>yogurt</u> , fruit, and Cheerios) Apricot Glazed Chicken w/ Roasted Potatoes, Green Peas, and Fresh Fruit Selection (V=Apricot Glazed Tofu) <u>Cheese</u> w/ ^Crackers	11 *^ <u>Breakfast Quesadillas</u> <u>Turkey and Wild Rice Casserole</u> , Vegetable Medley, ^ <u>Warm Rolls</u> , and Fruit Selection (V=Tofu and <u>Wild Rice Casserole</u>) Fresh Guacamole w/ ^Pita Chips	12 *^ <u>French Toast Casserole</u> ^ <u>Sweet Potato and Black Bean Enchilada Pie</u> w/ Fiesta Rice, Corn Salsa, and Fruit Selection Monkey Munch Trail Mix w/ <u>Yogurt</u>	13 <u>Pineapple-Coconut Smoothie</u> Peachy Barbecue Chicken w/ Garlic Green Beans, ^ <u>Warm Rolls</u> , and Fruit Selection (V=Meatless Peachy Barbecue) ^Pita Chips w/ <u>Housemade Spinach Dip</u>
16 ^Sunflower Butter Toast w/ Fresh Bananas ^ <u>Macaroni and Three Cheese Pasta</u> w/ Vegetable Medley, ^Housemade Cornbread, Mixed Berry Applesauce Fresh Fruit w/ <u>Cheese</u>	17 ^ <u>Homemade Blueberry Bread</u> ^ <u>Taco Spaghetti Pie</u> w/ Sweet Corn and Fruit Selection (V=^ <u>Veggie Spaghetti Pie</u>) Apple Slices w/ <u>Yogurt Dip</u>	18 * <u>Three Cheese Frittata</u> Lemon-Herb Baked Chicken w/ Brown Rice, Broccoli, ^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V=*Veggie Patty) Roasted Corn Salsa w/ ^Pita Chips	19 ^Breakfast Trail Mix w/ <u>Yogurt</u> ^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Garlic Green Beans, ^Warm Garlic Bread, and Fruit Selection ^Pita Chips w/ Hummus	20 <u>Cheese Grits</u> ^Fish Sticks w/ *Housemade Tartar Sauce, Yellow Rice, Green Peas, and Fresh Fruit Selection (V=Veggie Nuggets) ^Warm Soft Pretzels w/ <u>Cheddar Sauce</u>
23 ^ <u>Cinnamon Toast</u> <u>Broccoli and Cheese Casserole</u> w/ Roasted Corn, Fresh Fruit Selection Fresh Guacamole w/ ^Pita Chips	24 <u>Blueberries and Cream Oatmeal</u> Chicken Tikka w/ Peas and Carrots, ^Warm Pita, and Fruit Selection (V=Meatless Chicken Tikka) ^Housemade Trail Mix	25 Housemade Hash w/ Peppers and Onions Turkey Meatloaf w/ Yellow Squash, *^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V=*Veggie Patty) *^ <u>Celebration Key Lime Cake</u>	26 <u>Strawberry Mango Smoothie</u> ^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection Sunflower Butter w/ ^Crackers	27 <u>Banana Maple Parfait</u> Teriyaki Chicken w/ Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V=Meatless Teriyaki Chicken) <u>Cheese</u> w/ ^Crackers
30 *Scrambled Eggs w/ <u>Cheese</u> Roasted Vegetable Pasta w/ Marinara, Sweet Carrots, ^Warm Garlic Bread, and Fruit Selection *^ <u>Homemade Berry Bread</u>	31 ^Avocado Toast ^Ground Turkey Taco w/ <u>Cheddar Sprinkles</u> , Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V=^Tofu Crumble Taco) ^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u>			