


Suzuki School Menu

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	31
3	4	5	6	7
<p><u>^Homemade Strawberry Bread</u></p> <p>Vegetable Fried Rice w/ <u>^Baked Egg Rolls</u>, Stir Fry Vegetables, and Fruit Selection</p> <p>Apple Slices w/ <u>Yogurt Dip</u></p>	<p><u>^Cheese Grits</u></p> <p>Apricot Glazed Chicken, Green Peas, <u>^Warm Pita Bread</u>, and Fruit Selection (V=<u>Apricot Glazed Tofu</u>)</p> <p>Fresh Guacamole w/ <u>^Pita Chips</u></p>	<p>*Scrambled Eggs w/ <u>Cheese</u></p> <p><u>^Turkey Lasagna</u> w/ Garlic Green Beans and Fruit Selection (V=<u>^Veg Lasagna</u>)</p> <p><u>^Graham Crackers w/ Housemade Cream Cheese Dip</u></p>	<p><u>Blueberry-Pineapple Smoothie</u></p> <p><u>^Cheese Quesadilla</u> w/ Black Beans, Fiesta Rice, Roasted Corn, and Fresh Fruit Selection</p> <p><u>^Housemade Trail Mix</u></p>	<p><u>^Sunflower Butter Toast</u> w/ Fresh Bananas</p> <p>Rotisserie Style Chicken w/ <u>Cauliflower Mash</u>, Peas and Carrots, *<u>^Warm Rolls</u>, and Fruit Selection (V=<u>^Veggie Patty</u>)</p> <p>Black Bean Hummus w/ Pita Chips</p>
10	11	12	13	14
<p><u>Peaches and Cream Oatmeal</u></p> <p><u>^Macaroni and Three Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts, <u>^Housemade Cornbread</u>, Mixed Berry Applesauce</p> <p>Fresh Fruit Selection</p>	<p><u>^Breakfast Quesadillas</u></p> <p>Barbecue Chicken w/ Broccoli, <u>^Warm Rolls</u>, and Fruit Selection (V=<u>Meatless Barbecue Chicken</u>)</p> <p>Baked Spiced Peaches w/ <u>Yogurt</u></p>	<p><u>^Warm Biscuits</u> w/ Jam</p> <p><u>^Ground Turkey Taco w/ Cheddar Sprinkles</u>, Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V=<u>^Tofu Crumble Taco</u>)</p> <p><u>^Pita Chips w/ Housemade Spinach Dip</u></p>	<p><u>^Multigrain Cheerios</u> w/ Fresh Fruit</p> <p>Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, <u>^Warm Rolls</u>, and Fruit Selection</p> <p><u>^Homemade Berry Bread</u></p>	<p>*<u>Spinach + Cheese Frittata</u></p> <p>*<u>^Turkey Meatloaf</u> w/ Yellow Squash, Vegetable Medley, <u>^Warm Rolls</u>, and Fresh Fruit Selection (V=<u>^Veggie Patty</u>)</p> <p><u>Cheese</u> w/ <u>^Crackers</u></p>
17	18	19	20	21
<p>SCHOOL CLOSED FOR PRESIDENT'S DAY</p> 	<p>Housemade Hash w/ Peppers and Onions</p> <p><u>^Spinach-Artichoke Pasta</u> w/ Maple Glazed Carrots, <u>^Warm Pita Bread</u>, and Fruit Selection</p> <p>Sunflower Butter w/ <u>^Crackers</u></p>	<p><u>^Cream Cheese on Toast</u> w/ Fresh Fruit</p> <p>Hawaiian Chicken w/ Brown Rice, Broccoli, <u>^Warm Rolls</u>, and Fruit Selection (V=<u>Meatless Hawaiian Chicken</u>)</p> <p><u>^Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u></p>	<p>Breakfast Trail Mix w/ <u>Yogurt</u></p> <p><u>^Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection</p> <p><u>^Pita Chips</u> w/ Hummus</p>	<p>Cinnamon-Raisin Oatmeal</p> <p><u>^Turkey Pot Pie</u> w/ Green Beans, Cauliflower, and Baked Apples (V=<u>^Veggie Pot Pie</u>)</p> <p>Fresh Fruit w/ <u>Cheese</u></p>
24	25	26	27	28
<p><u>^Cinnamon Toast</u></p> <p><u>^Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, <u>^Warm Garlic Bread</u>, and Fruit Selection</p> <p><u>^Monkey Munch Trail Mix</u> w/ <u>Yogurt</u></p>	<p>Cereal Sundaes (<u>yogurt</u>, fruit, and <u>^Cheerios</u>)</p> <p>Chicken and Apple Curry w/ Steamed Rice, Green Beans, <u>^Warm Rolls</u>, and Fruit Selection (V=<u>Veg. Curry</u>)</p> <p>Fresh Bananas w/ <u>^Graham Crackers</u></p>	<p><u>^Veggie Quiche</u></p> <p><u>^Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection (V=<u>^Meatless Taco</u>)</p> <p><u>^Celebration Homemade Berry Cobbler</u></p>	<p><u>Green Smoothie</u></p> <p><u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, Fresh Fruit Selection</p> <p><u>^Hummus on Toast</u> w/ Fresh Cucumbers</p>	<p><u>^Avocado Toast</u></p> <p><u>^Chicken Alfredo Pasta</u> w/ Garlic Green Beans, <u>^Warm Garlic Bread</u>, and Fruit Selection (V=<u>^Veg. Alfredo</u>)</p> <p>Fresh Fruit Selection</p>
2	3	4	5	6
<p>We offer the following products organic on the menu:</p> <ul style="list-style-type: none"> Carrots Broccoli Mixed Berries Cherries Strawberries Fresh Spinach Canned Tomato Products 	<p>Fresh Fruit Selections:</p> <ul style="list-style-type: none"> Apple Slices Orange Slices Bananas Melons 	<p>Frozen Fruit Selections:</p> <ul style="list-style-type: none"> Peaches Mangos Pineapples Strawberries Tropical Mix Mixed Fruit Mixed Berries Cherries 	<p>5:00pm Snack Options:</p> <ul style="list-style-type: none"> Goldfish Graham Crackers Ritz or Club Crackers Vanilla Wafers Animal Cookies CheX Mix 	<p>Menu Coding:</p> <p>V = Vegetarian Entrée Option</p> <p>*Asterisk = May contain eggs</p> <p><u>Underline</u> = May contain dairy</p> <p><u>^Arrow</u> = May contain Wheat</p> <p>*Some pre-packaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.</p>