

Suzuki School Menu

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>^Avocado Toast</p> <p>^Macaroni and Three Cheese Pasta w/ Green Beans, ^Housemade Cornbread, Mixed Berry Applesauce</p> <p>Apple Slices w/ Yogurt Dip</p>	<p>2</p> <p><u>Banana Maple Parfait</u></p> <p>Apricot Glazed Chicken w/ Cous Cous, Green Peas, ^Warm Pita Bread, and Fresh Fruit Selection (V=Apricot Glazed Tofu)</p> <p><u>Cheese w/ Crackers</u></p>	<p>3</p> 	<p>4</p> <p>CLOSED FOR INDEPENDENCE DAY BREAK</p>	<p>5</p> 
<p>8</p> <p><u>Blueberries and Cream Oatmeal</u></p> <p>^Four Cheese Ravioli w/ Marinara Sauce, Broccoli, ^Warm Garlic Bread, and Fruit Selection</p> <p>Applesauce-Yogurt Swirl</p>	<p>9</p> <p>^Breakfast Quesadillas</p> <p>Curry Chicken w/ Caribbean Rice and Beans, Carrots, and Fruit Selection (V=Meatless Curry)</p> <p>^Broccoli and Cheese Bites</p>	<p>10</p> <p><u>Orange-Peach Smoothie</u></p> <p>^Ground Turkey Taco w/ Cheddar Sprinkles, Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V=^Tofu Crumble Taco)</p> <p>Fresh Guacamole w/ ^Pita Chips</p>	<p>11</p> <p>^Warm Biscuits w/ Jam</p> <p>Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, ^Housemade Cornbread and Fruit Selection</p> <p>Watermelon Salad w/ Mint and Lime</p>	<p>12</p> <p><u>Cheese Grits</u></p> <p>Ground Turkey Sloppy Joes on ^Warm Rolls, Green Beans, and Fresh Fruit Selection (V=^Tofu Crumble Sloppy Joe)</p> <p>^Warm Pita w/ Hummus</p>
<p>15</p> <p>Cereal Sundaes (yogurt, fruit, and ^Cheerios)</p> <p>^Pasta Primavera w/ ^Warm Garlic Rolls and Fresh Fruit Selection</p> <p>Sunflower Butter w/ ^Crackers</p>	<p>16</p> <p>^French Toast Casserole</p> <p>Chicken Tikka w/ Peas and Carrots, ^Warm Pita, and Fruit Selection (V=Meatless Chicken Tikka)</p> <p>^Warm Soft Pretzels w/ Cheddar Sauce</p>	<p>17</p> <p>*Scrambled Eggs</p> <p>^Turkey Tortilla Casserole w/ Green Beans, and Fruit Selection (V=^Meatless Tortilla Casserole)</p> <p>Baked Spiced Peaches w/ Yogurt</p>	<p>18</p> <p>^Homemade Morning Glory Bread</p> <p>^Tortellini Salad w/ Mozzarella and Tomatoes, Fresh Cucumber Slices, ^Warm Rolls, and Fruit Selection</p> <p>^Housemade Trail Mix</p>	<p>19</p> <p>^Cream of Wheat</p> <p>*^Fish Sticks w/ ^Housemade Tartar Sauce, Yellow Rice, Broccoli, and Fresh Fruit Selection (V=Veggie Nuggets)</p> <p>Fresh Fruit Selection</p>
<p>22</p> <p>*Three Cheese Frittata</p> <p>Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, ^Warm Rolls, and Fruit Selection</p> <p>^Pita Chips w/ Housemade Spinach Dip</p>	<p>23</p> <p>Yogurt w/ Fresh Fruit</p> <p>Barbecue Chicken w/ Broccoli, ^Warm Rolls, and Fruit Selection (V=Meatless Barbecue Chicken)</p> <p>Homemade Jello w/ Fruit</p>	<p>24</p> <p><u>Peaches and Cream Oatmeal</u></p> <p>^Grilled Cheese Sandwiches w/ Green Peas, Crisp Sweet Potato Fries, and Fruit Selection</p> <p>Apple Slices w/ Sunflower Butter</p>	<p>25</p> <p>^Cheese Toast</p> <p>Teriyaki Chicken w/ Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V=Meatless Teriyaki Chicken)</p> <p>Graham Crackers w/ Housemade Cream Cheese Dip</p>	<p>26</p> <p>^Homemade Strawberry Bread</p> <p>^Sweet Potato and Black Bean Enchilada Pie w/ Fiesta Rice, Corn Salsa, and Fruit Selection</p> <p>Monkey Munch Trail Mix w/ Yogurt</p>
<p>29</p> <p>SCHOOL CLOSED FOR TEACHER WORK DAY</p>	<p>30</p> <p>Housemade Hash w/ Peppers and Onions</p> <p><u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, Fresh Fruit Selection</p> <p>^Warm Pita w/ Hummus</p>	<p>31</p> <p><u>Blueberry-Pineapple Smoothie</u></p> <p>Lemon-Herb Baked Chicken w/ Brown Rice, Broccoli, ^Warm Rolls, and Fresh Fruit Selection (V=Veggie Patty)</p> <p>^Celebration Chocolate-Zucchini Bread</p>		
<p>5</p> <p>We offer the following products organic on the menu:</p> <ul style="list-style-type: none"> Carrots Broccoli Mixed Berries Cherries Strawberries Fresh Spinach Canned Tomato Products 	<p>6</p> <p>Fresh Fruit Selections:</p> <ul style="list-style-type: none"> Apple Slices Orange Slices Bananas Melons 	<p>7</p> <p>Frozen Fruit Selections:</p> <ul style="list-style-type: none"> Peaches Mangos Pineapples Strawberries Tropical Mix Mixed Fruit Mixed Berries Cherries 	<p>8</p> <p>5:00pm Snack Options:</p> <ul style="list-style-type: none"> Goldfish Graham Crackers Ritz or Club Crackers Vanilla Wafers Animal Cookies CheX Mix 	<p>9</p> <p>Menu Coding:</p> <p>V = Vegetarian Entrée Option</p> <p>*Asterisk = May contain eggs</p> <p><u>Underline</u> = May contain dairy</p> <p>^Arrow = May contain Wheat</p> <p>*Some pre-packaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.</p>