

# Suzuki School Menu

# June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
27 	28 CLOSED FOR MEMORIAL DAY BREAK	29 	30 CLOSED FOR MEMORIAL DAY BREAK	31 
3 <u>Blueberries and Cream Oatmeal</u>  ^ <u>Four Cheese Ravioli w/ Marinara Sauce</u> , Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection  ^Warm Pita w/ Hummus	4 *^ <u>Homemade Banana Bread</u>  Peachy Barbecue Chicken w/ Garlic Green Beans, ^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V=Meatless Peachy Barbecue)  <u>Cheese</u> w/ ^Crackers	5 <u>Blueberry-Pineapple Smoothie</u>  Spanish Style Black Beans w/ Yellow Rice, Plantains, Green Beans, and Fruit Selection  Baked Spiced Apples w/ <u>Yogurt</u>	6  Grits w/ <u>Butter</u>  Sunbutter Pad Thai w/ Broccoli, ^ <u>Warm Rolls</u> , and Fruit Selection  ^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u>	7 Cereal Sundaes ( <u>yogurt</u> , fruit, and ^Cheerios)  ^Chicken Nuggets w/ Peas and Carrots, ^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V=^Veggie Nuggets)  ^Pita Chips w/ <u>Housemade Spinach Dip</u>
10 <u>Banana Maple Parfait</u>  Ground Turkey Sloppy Joes on ^ <u>Warm Rolls</u> , Green Beans, and Fruit Selection (V=^Tofu Crumble Sloppy Joe)  ^ <u>Broccoli and Cheese Bites</u>	11 ^ <u>Three Cheese Quiche</u>  Vegetable Fried Rice w/ ^Baked Egg Rolls, Stir Fry Vegetables, and Fruit Selection  Fresh Guacamole w/ ^Pita Chips	12 *^ <u>Breakfast Quesadillas</u>  ^ <u>Spinach-Artichoke Pasta</u> w/ Maple Glazed Carrots, ^Warm Pita Bread, and Fresh Fruit Selection  ^ <u>Homemade Berry Bread</u>	13  ^ <u>Cheese Toast</u>  ^ <u>Taco Spaghetti Pie</u> w/ Sweet Corn and Fruit Selection (V=^ <u>Veggie Spaghetti Pie</u> )  ^Monkey Munch Trail Mix w/ <u>Yogurt</u>	14 ^Housemade Breakfast Bars  Chick Pea Curry w/ Steamed Rice, Sweet Green Peas, Housemade Cornbread, and Fresh Fruit Selection  <u>Peach Applesauce-Yogurt Swirl</u>
17 ^ <u>Strawberry Cream of Wheat</u>  <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots, ^ <u>Warm Rolls</u> , Fruit Selection  ^Warm Pita w/ Hummus	18 *^ <u>French Toast Casserole</u>  White Bean and Chicken Chili w/ Steamed Rice, Crisp Corn, and Fruit Selection (V=Veg. White Bean Chili)  Apple Slices w/ <u>Yogurt Dip</u>	19 <u>Orange-Peach Smoothie</u>  Teriyaki Chicken w/ Brown Rice, Stir Fry Vegetables, and Fresh Fruit Selection (V=Meatless Teriyaki Chicken)  ^Warm Soft Pretzels w/ <u>Cheddar Sauce</u>	20  ^ <u>Warm Biscuits</u> w/ Jam  <u>Turkey Stroganoff</u> w/ ^Egg Noodles, Green Beans, and Mixed Berry Applesauce (V=Meatless Stroganoff)  Sunflower Butter w/ ^Crackers	21  ^Avocado Toast  <u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, Fresh Fruit Selection  ^Housemade Trail Mix
24 *^ <u>Homemade Strawberry Bread</u>  <u>Turkey and Wild Rice Casserole</u> , Vegetable Medley, ^ <u>Warm Rolls</u> , and Fruit Selection (V=^Tofu and <u>Wild Rice Casserole</u> )  Fresh Bananas w/ ^Graham Crackers	25 *Scrambled Eggs w/ <u>Cheese</u> and Salsa  Orange Chicken w/ Brown Rice, Stir Fry Vegetables, and Fruit Selection (V=Meatless Orange Chicken)  Fresh Fruit Selection	26 Maple Brown Sugar Oatmeal  ^ <u>Pasta Primavera</u> w/ ^ <u>Warm Garlic Rolls</u> and Fresh Fruit Selection  *^ <u>Celebration Homemade Berry Cobbler</u>	27 Housemade Hash w/ Peppers and Onions  *^ <u>Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection (V=Meatless Taco)  <u>Cheese</u> w/ ^Crackers	28  <u>Yogurt</u> w/ Fresh Fruit  ^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection  Homemade Jello w/ Fruit
1 <b>We offer the following products organic on the menu:</b> Carrots Broccoli Mixed Berries Cherries Strawberries Fresh Spinach Canned Tomato Products	2 <b>Fresh Fruit Selections:</b> Apple Slices Orange Smiles Bananas Melons	3 <b>Frozen Fruit Selections:</b> Peaches Mangos Pineapples Strawberries Tropical Mix Mixed Fruit Mixed Berries Cherries	4 <b>5:00pm Snack Options:</b> Goldfish Graham Crackers Ritz or Club Crackers Vanilla Wafers Animal Cookies Chex Mix	5 <b>Menu Coding:</b> V = Vegetarian Entrée Option *Asterisk = May contain eggs <u>Underline</u> = May contain dairy ^Arrow = May contain Wheat  *Some pre-packaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.