

# NS Suzuki School Menu May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 ^Avocado Toast	2 <u>Banana Maple Parfait</u>	3 <u>Blueberries and Cream Oatmeal</u>
		Hawaiian Chicken w/ Brown Rice, Green Peas and Carrots, ^Warm Rolls, and Fruit Selection (V=Meatless Hawaiian Chicken)	<u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, Fresh Fruit Selection	<u>Pasta Primavera</u> w/ ^Warm <u>Garlic Rolls</u> and Fresh Fruit Selection
		Apple Slices w/ <u>Yogurt Dip</u>	Baked Spiced Peaches w/ <u>Yogurt</u>	<u>Cheese</u> w/ Crackers
6	7	8	9	10
*^ <u>Breakfast Quesadillas</u>	Cereal Sundaes ( <u>yogurt</u> , fruit, and ^Cheerios)	<u>Cheese Grits</u>	*^ <u>French Toast Casserole</u>	<u>Orange-Mango Smoothie</u>
Chick Pea Curry w/ Steamed Rice, Housemade Cornbread, and Fruit Selection	^ <u>Veggie Alfredo Pasta</u> w/ Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection	^* <u>Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection (V=^Meatless Taco)	Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, Housemade Cornbread and Fruit Selection	^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection
Fresh Bananas w/ ^Graham Crackers	Fresh Fruit Selection	Monkey Munch Trail Mix w/ <u>Yogurt</u>	^Housemade Trail Mix	^ <u>Broccoli and Cheese Bites</u>
13	14	15	16	17
^* <u>Homemade Blueberry Bread</u>	^ <u>Cheese Toast</u>	Cinnamon-Raisin Oatmeal	<u>Yogurt</u> w/ Fresh Fruit	^ <u>Warm Biscuits</u> w/ Jam
^ <u>Macaroni and Three Cheese Pasta</u> w/ Lima Beans, Housemade Cornbread, Mixed Berry Applesauce	Ground Turkey Sloppy Joes on ^ <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V=^Tofu Crumble Sloppy Joe)	Lemon-Herb Baked Chicken w/ Brown Rice, Broccoli, ^ <u>Warm Rolls</u> , and Fresh Fruit Selection (V=Veggie Patty)	^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fruit Selection	Ratatouille w/ Steamed Rice, ^ <u>Warm Rolls</u> , and Fruit Selection
Sunflower Butter w/ ^Crackers	^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u>	^Warm Pita w/ Hummus	Fresh Guacamole w/ ^Pita Chips	^Warm Soft Pretzels w/ <u>Cheddar Sauce</u>
20	21	22	23	24
^* <u>Veggie Quiche</u>	^Housemade Breakfast Bars	<u>Grits</u> w/ <u>Butter</u>	*^ <u>Homemade Strawberry Bread</u>	^Multigrain Cheerios w/ Fresh Fruit
Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection	Curry Chicken w/ Carribean Rice and Beans, Carrots, and Fruit Selection (V=Meatless Curry)	^ <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots, ^ <u>Warm Rolls</u> , Fruit Selection	*^ <u>Fish Sticks</u> w/ <u>Housemade Tartar Sauce</u> , Yellow Rice, Broccoli, and Fresh Fruit Selection (V=Veggie Nuggets)	Turkey and Wild Rice Casserole, Sweet Carrots, Warm Rolls, and Fruit Selection (V=^Tofu and Wild Rice Cassrole)
Apple Slices w/ <u>Yogurt Dip</u>	Baked Spiced Peaches w/ <u>Yogurt</u>	^* <u>Celebration Key Lime Cake</u>	<u>Cheese</u> w/ Crackers	<b>SCHOOL CLOSSES @ 4pm</b>
27	28	29	30	31
	<b>SCHOOL CLOSED FOR MEMORIAL DAY BREAK</b>		<b>SCHOOL CLOSED FOR MEMORIAL DAY BREAK</b>	