

NS Suzuki School Menu April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>
<u>Peaches and Cream Oatmeal</u>	<u>Orange Mango Smoothie</u>			
<u>^Sweet Potato and Black Bean Enchilada Pie</u> w/ Fiesta Rice, Corn Salsa, and Fruit Selection	<u>^Veg Alfredo Pasta</u> w/ Broccoli, <u>^*Warm Garlic Bread</u> , and Fruit Selection	SCHOOL CLOSED FOR SPRING BREAK		SCHOOL CLOSED FOR SPRING BREAK
<u>Cheese</u> w/ <u>^Crackers</u>	<u>^Housemade Trail Mix</u>			
<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>
<u>^Warm Biscuits</u> with Jam	<u>Yogurt</u> with Fresh Fruit	<u>*^Homemade Strawberry Bread</u>	<u>Blueberry Pineapple Smoothie</u>	<u>^Cheese Toast</u>
Vegetable Fried Rice w/ <u>^*Baked Egg Rolls</u> , Stir Fry Vegetables, and Fresh Fruit Selection	<u>^Ground Turkey Taco</u> w/ Saffron Rice, Sweet Corn with Peppers, Fruit Selection V= <u>Tofu Crumble Taco</u>	<u>^Spinach and Artichoke Pasta</u> w/ Maple Glazed Carrots, <u>^Warm Pita Bread</u> , and Fruit Selection	Chicken and Apple Curry w/ Steamed Rice, Green Beans, <u>^*Warm Rolls</u> , and Fruit Selection V= Vegetable Curry	Hawaiian Chicken w/ Brown Rice, Green Peas and Carrots, <u>^*Warm Rolls</u> , and Fruit Selection V= <u>Meatless Hawaiian Chicken</u>
<u>^Warm Pita</u> w/ Hummus	Sunflower Butter w/ <u>^Crackers</u>	Fresh Fruit Selection	<u>^Graham Crackers</u> w/ <u>Housemade Cream Cheese Dip</u>	Apple Slices w/ <u>Yogurt Dip</u>
<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>
<u>*^Veggie Frittata</u>	<u>Strawberries and Cream Oatmeal</u>	<u>^Avocado Toast</u>	<u>^Housemade Breakfast Bars</u>	<u>Banana Maple Parfait</u>
<u>^Tortellini Salad</u> w/ <u>Mozzarella and Tomatoes</u> , Cucumber Slices, <u>^*Warm Rolls</u> , and Fruit Selection	Orange Chicken w/ Brown Rice, Stir Fry Vegetables, and Fruit Selection V= <u>Meatless Orange Chicken</u>	<u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, Fresh Fruit Selection	Peachy Barbeque Chicken w/ Garlic Green Beans, <u>^*Warm Rolls</u> , and Fruit Selection V= <u>Meatless Peachy BBQ Chicken</u>	<u>*^Fish Sticks</u> w/ Housemade Tarter Sauce, Yellow Rice, Broccoli, and Fresh Fruit Selection V= <u>Veggie Nuggets</u>
<u>^Pita Chips</u> w/ <u>Housemade Spinach Dip</u>	Baked Spiced Peaches w/ <u>Yogurt</u>	<u>^Housemade Trail Mix</u>	<u>Cheese</u> w/ <u>^Crackers</u>	<u>^Warm Pita</u> w/ Hummus
<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>
<u>*^Breakfast Quesadillas</u>	<u>*^Homemade Blueberry Bread</u>	<u>^Multi-grain Cheerios</u> with Fresh Fruit	<u>^*French Toast Casserole</u>	<u>Cheese Grits</u>
<u>^Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, <u>^*Warm Garlic Bread</u> , and Fruit Selection	Apricot Glazed Chicken w/ Cous Cous, Green Peas, <u>^Warm Pita Bread</u> , and Fresh Fruit Selection (V= Apricot Glazed Tofu)	Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, <u>^*Warm Rolls</u> , and Fruit Selection	Teriyaki Chicken w/ Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce V= <u>Meatless Teriyaki Chicken</u>	Homestyle Chicken w/ Gravy, Rosemary Potatoes, Green Beans, and Fruit Selection V= <u>Veggie Patty</u>
Apple Slices w/ <u>Yogurt Dip</u>	Sunflower Butter w/ <u>^Crackers</u>	<u>^*Celebration Homemade Confetti Cake</u>	Fresh Fruit Selection	Fresh Guacamole w/ <u>^Pita Chips</u>
<u>29</u>	<u>30</u>	<u>1</u>	<u>2</u>	<u>3</u>
<u>*Scrambled Eggs</u> w/ Salsa and <u>Cheese</u>	<u>^Cereal Sundaes</u> (yogurt, fruit and Cheerios)			
<u>^Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots, <u>^*Warm Rolls</u> , and Fruit Selection	Turkey and Wild Rice Casserole, Sweet Carrots, <u>^*Warm Rolls</u> , and Fruit Selection V= <u>Tofu and Wild Rice Casserole</u>			
Fresh Bananas w/ <u>^Graham Crackers</u>	<u>^Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u>			