

Suzuki School Menu March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	1
				* <u>Scrambled Eggs w/ Cheese</u>
				Vegetable Fried Rice w/ ^* <u>Baked Egg Rolls</u> , Stir Fry Vegetables, and Fresh Fruit Selection
				Baked Spiced Peaches w/ <u>Yogurt</u>
4	5	6	7	8
<u>Blueberries and Cream Oatmeal</u>	^ <u>Warm Biscuits</u> with Jam	*^ <u>Homemade Banana Bread</u>	Cereal Sundaes (<u>yogurt</u> , fruit and ^ <u>Cheerios</u>)	* <u>Veggie Frittata</u>
^ <u>Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection (V=^ <u>Meatless Tacos</u>)	^ <u>Roasted Vegetable Pasta</u> w/ Marinara, Sweet Carrots, ^* <u>Warm Garlic Bread</u> , and Fruit Selection	Apricot Glazed Chicken w/ Cous Cous, Green Peas, ^ <u>Warm Pita Bread</u> , and Fresh Fruit Selection (V= Apricot Glazed Tofu)	Texas Style Baked Beans w/ Brown Rice, Sweet Carrots, ^* <u>Warm Rolls</u> , and Fruit Selection	Curry Chicken w/ Caribbean Rice and Beans, Carrots, and Fruit Selection V= <u>Meatless Curry</u>
<u>Cheese</u> w/ ^ <u>Crackers</u>	^ <u>Housemade Trail Mix</u>	^* <u>Broccoli and Cheese Bites</u>	Fresh Fruit Selection	^ <u>Warm Pita</u> w/ <u>Hummus</u>
11	12	13	14	15
<u>Cheese Grits</u>	*^ <u>Housemade Breakfast Bars</u>	<u>Orange Mango Smoothie</u>	^ <u>Avocado Toast</u>	*^ <u>Breakfast Quesadillas</u>
^ <u>Pasta Primavera</u> w/ ^* <u>Warm Garlic Rolls</u> and Fresh Fruit Selection	Barbecue Chicken w/ Broccoli, ^* <u>Warm Rolls</u> , and Fruit Selection V= <u>Veggie Patty</u>	^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection	^ <u>Turkey Meatloaf</u> w/ Roasted Butternut Squash, Vegetable Medley, ^* <u>Warm Rolls</u> and Fresh Fruit Selection V= <u>Veggie Patty</u>	^ <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots, ^* <u>Warm Rolls</u> , and Fruit Selection
^ <u>Graham Crackers</u> w/ <u>Housemade Cream Cheese Dip</u>	Apple Slices w/ <u>Yogurt Dip</u>	Baked Spiced Peaches w/ <u>Yogurt</u>	^ <u>Pita Chips</u> w/ <u>Housemade Spinach Dip</u>	Sunflower Butter w/ ^ <u>Crackers</u>
18	19	20	21	22
^* <u>French Toast Casserole</u>	<u>Strawberries and Cream Oatmeal</u>	<u>Yogurt</u> with Fresh Fruit	*^ <u>Three Cheese Quiche</u>	<u>Maple Brown Sugar Cream of Wheat</u>
Ground Turkey Sloppy Joes w/ ^* <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection V= <u>Tofu Crumble Sloppy Joe</u>	^ <u>Macaroni and Three Cheese Pasta</u> w/ Garlic Green Beans, Housemade Cornbread, Mixed Berry Applesauce	Lemon-Herb Baked Chicken w/ Brown Rice, Broccoli, ^* <u>Warm Rolls</u> , and Fresh Fruit Selection V= <u>Veggie Patty</u>	Veggie Chili w/ Vegetable Medley, Housemade Cornbread, and Fruit Selection	^ <u>Veggie Taco Spaghetti Pie</u> w/ Sweet Corn and Fruit Selection
^ <u>Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u>	Fresh Guacamole w/ ^ <u>Pita Chips</u>	^* <u>Homemade Chocolate Zucchini Bread</u>	^ <u>Housemade Trail Mix</u>	<u>Cheese</u> w/ ^ <u>Crackers</u>
25	26	27	28	29
<u>Pineapple Banana Smoothie</u>	^ <u>Cheese Toast</u>	* <u>Scrambled Eggs</u> w/ Salsa	*^ <u>Homemade Blueberry Bread</u>	^ <u>Multi-grain Cheerios</u> with Fresh Fruit
Chick Pea Curry w/ Steamed Rice, Green Beans, and Fruit Selection	Roasted Chicken w/ Yellow Squash, Green Beans, ^* <u>Warm Rolls</u> and Strawberry Apple Sauce V= <u>Veggie Patty</u>	<u>Broccoli and Cheese Casserole</u> w/ Maple Glazed Carrots, Roasted Corn, Fresh Fruit Selection	<u>Veggie Stroganoff</u> w/ Noodles, Green Beans, and Mixed Berry Applesauce	^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, ^* <u>Warm Garlic Bread</u> , and Fruit Selection
^ <u>Warm Pita</u> w/ <u>Hummus</u>	Fresh Bananas w/ ^ <u>Graham Crackers</u>	^* <u>Celebration Homemade Key Lime Cake</u>	Apple Slices w/ Sunflower Butter	Fresh Fruit Selection