



Suzuki School Menu December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
3	4	5	6	7
*Scrambled Eggs with <u>Cheese</u>	<u>Cinnamon Raisin Oatmeal</u>	* <u>Homemade Banana Bread</u>	^Warm Biscuits with Jam	<u>Blueberry Pineapple Smoothie</u>
^ <u>Black Bean Quesadillas</u> w/ Sweet Corn, Fiesta Rice, and Fresh Fruit Selection	^ <u>Veggie Alfredo Pasta</u> w/ Broccoli, ^* <u>Warm Garlic Bread</u> , and Fruit Selection	Veggie Chili w/ Vegetable Medley, Housemade Cornbread, and Fruit Selection	Chicken and Apple Curry w/ Steamed Rice, Green Beans, ^* <u>Warm Rolls</u> , and Fruit Selection V= Vegetable Curry	^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, ^* <u>Warm Garlic Bread</u> , and Fruit Selection
^Housemade Trail Mix	^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u>	Fresh Fruit Selection	Apple Slices w/ <u>Yogurt Dip</u>	^Warm Pita w/ Hummus
10	11	12	13	14
^Housemade Breakfast Bars	Avocado ^ <u>Toast</u>	* <u>Homemade Orange Cranberry Bread</u>	<u>Grits with Butter</u>	<u>Yogurt</u> with Fresh Fruit
<u>Broccoli and Cheese Casserole</u> w/ Sweet Carrots, Roasted Corn, Fresh Fruit Selection	Lemon-Herb Baked Chicken w/ Brown Rice, Broccoli, ^* <u>Warm Rolls</u> , and Fresh Fruit Selection V=Veggie Patty	^ <u>Macaroni and Three Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts, Housemade Cornbread, Mixed Berry Applesauce	Teriyaki Chicken w/ Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce V=Meatless Teriyaki Chicken	^ <u>Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection (V=Meatless Tacos)
Baked Spiced Peaches w/ <u>Yogurt</u>	Fresh Bananas w/ ^Graham Crackers	Fresh Guacamole w/ ^Pita Chips	Sunflower Butter w/ ^Crackers	^* <u>Homemade Chocolate Zucchini Bread</u>
17	18	19	20	21
^ <u>Maple Brown Sugar Cream of Wheat</u>	^ <u>Cheese Toast</u>	* <u>Three Cheese Quiche</u>	Cereal Sundaes (<u>yogurt</u> , fruit and Cheerios)	<u>Mixed Berry Smoothie</u>
^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection	Roasted Chicken w/ Yellow Squash, Green Beans, ^* <u>Warm Rolls</u> and Strawberry Apple Sauce V=Veggie Patty	Sweet Potato and Black Bean Enchilada Pie w/ Fiesta Rice, Corn Salsa, and Fruit Selection	Orange Chicken w/ Brown Rice, Stir Fry Vegetables, and Fruit Selection V=Meatless Orange Chicken	Chicken Nuggets w/ ^* <u>Warm Rolls</u> , Vegetable Medley, and Fruit Selection V=Veggie Nuggets
Monkey Munch Trail Mix w/ <u>Yogurt</u>	^Pita Chips w/ <u>Housemade Spinach Dip</u>	^* <u>Celebration Pumpkin Gingerbread</u>	Apple Slices w/ Sunflower Butter	^Warm Soft Pretzels w/ <u>Cheddar Sauce</u>
24	25	26	27	28
←		SCHOOL CLOSED FOR WINTER BREAK		→ (School closed through January 2nd)