



Suzuki School Menu December 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 26 | 27 | 28 | 29 | 30 |
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| 3 | 4 | 5 | 6 | 7 |
| *Scrambled Eggs with <u>Cheese</u> | <u>Cinnamon Raisin Oatmeal</u> | * <u>Homemade Banana Bread</u> | ^Warm Biscuits with Jam | <u>Blueberry Pineapple Smoothie</u> |
| ^ <u>Black Bean Quesadillas</u> w/ Sweet Corn, Fiesta Rice, and Fresh Fruit Selection | ^ <u>Chicken Alfredo Pasta</u> w/ Broccoli, ^* <u>Warm Garlic Bread</u> , and Fruit Selection V=^ <u>Veg. Alfredo</u> | Veggie Chili w/ Vegetable Medley, Housemade Cornbread, and Fruit Selection | Chicken and Apple Curry w/ Steamed Rice, Green Beans, ^* <u>Warm Rolls</u> , and Fruit Selection V= Vegetable Curry | ^ <u>Four Cheese Ravioli</u> w/ Marinara Sauce, Broccoli, ^* <u>Warm Garlic Bread</u> , and Fruit Selection |
| ^Housemade Trail Mix | ^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u> | Fresh Fruit Selection | Apple Slices w/ <u>Yogurt Dip</u> | ^Warm Pita w/ Hummus |
| 10 | 11 | 12 | 13 | 14 |
| ^Housemade Breakfast Bars | Avocado ^ <u>Toast</u> | *^ <u>Homemade Orange Cranberry Bread</u> | <u>Grits with Butter</u> | <u>Yogurt</u> with Fresh Fruit |
| <u>Broccoli and Cheese Casserole</u> w/ Sweet Carrots, Roasted Corn, Fresh Fruit Selection | Lemon-Herb Baked Chicken w/ Brown Rice, Broccoli, ^* <u>Warm Rolls</u> , and Fresh Fruit Selection V=Veggie Patty | ^ <u>Macaroni and Three Cheese Pasta</u> w/ Maple Glazed Brussel Sprouts, Housemade Cornbread, Mixed Berry Applesauce | Teriyaki Chicken w/ Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce V=Meatless Teriyaki Chicken | ^ <u>Chili Lime Fish Stick Tacos</u> w/ Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection (V=Meatless Tacos) |
| Baked Spiced Peaches w/ <u>Yogurt</u> | Fresh Bananas w/ ^Graham Crackers | Fresh Guacamole w/ ^Pita Chips | Sunflower Butter w/ ^Crackers | ^* <u>Homemade Chocolate Zucchini Bread</u> |
| 17 | 18 | 19 | 20 | 21 |
| ^ <u>Maple Brown Sugar Cream of Wheat</u> | ^ <u>Cheese Toast</u> | *^ <u>Three Cheese Quiche</u> | Cereal Sundaes (<u>yogurt</u> , fruit and Cheerios) | <u>Mixed Berry Smoothie</u> |
| ^ <u>Grilled Cheese Sandwiches</u> w/ Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection | Roasted Chicken w/ Yellow Squash, Green Beans, ^* <u>Warm Rolls</u> and Strawberry Apple Sauce V=Veggie Patty | Sweet Potato and Black Bean Enchilada Pie w/ Fiesta Rice, Corn Salsa, and Fruit Selection | Orange Chicken w/ Brown Rice, Stir Fry Vegetables, and Fruit Selection V=Meatless Orange Chicken | Chicken Nuggets w/ ^* <u>Warm Rolls</u> , Vegetable Medley, and Fruit Selection V=Veggie Nuggets |
| Monkey Munch Trail Mix w/ <u>Yogurt</u> | ^Pita Chips w/ <u>Housemade Spinach Dip</u> | ^* <u>Celebration Pumpkin Gingerbread</u> | Apple Slices w/ Sunflower Butter | ^Warm Soft Pretzels w/ <u>Cheddar Sauce</u> |
| 24 | 25 | 26 | 27 | 28 |
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| ← |  | SCHOOL CLOSED FOR WINTER BREAK |  | → (School closed through January 2nd) |
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